

# **Internship Posting**

**Program Name:** Children Come First – Hospital Diversion Program (A service of the Therapeutic

Services Team)

Location: RISE Wisconsin, Inc., 1334 Dewey Ct., Madison, WI 53703

#### **Overview of RISE:**

In April 2017, Community Partnerships & Center for Families merged to become RISE. RISE is an emerging leader in early childhood interventions, coordinated care, and mental health and wellness services in Dane County. We believe that individuals and families are best served in their communities and homes, and that using a strengths-based approach, along with person-centered planning and the Wraparound philosophy, is the most effective way to build sustainable and achievable supports. RISE serves over 6,800 children, families, and individuals each year. Our programs and services help those in our community who are most in need to overcome mental health and health crises, homelessness, poverty, academic challenges, and more. The programs at RISE include: Early Childhood Initiative, Welcome Baby, Parent Child Home Program, Children Come First, Therapeutic Services Team, Court Ordered Evaluations, Comprehensive Community Services, and The Respite Center.

# **Program Overview:**

The Hospital Diversion Program (HDP) is a service provided by RISE's Therapeutic Services Team and is part of the larger Children Come First (CCF) program, which provides wraparound care coordination for children and youth ages 0-19 with diagnosed mental health concerns. CCF's primary mission is to coordinate mental health treatment, community resources and supports to prevent or reduce the risk of a child being placed out of the family home (including psychiatric hospitalization). The CCF program is a managed care model of care coordination, which allows families and professionals to work collaboratively to identify the needs and goals of a family and select services and supports from the CCF Provider Network that best meet their needs. CCF offers a strengths-based and individualized approach to care coordination, teaming, services and supports that are both traditional and non-traditional, and that meet the needs of the child and family, culturally responsive care and planning, crisis planning and support & advocacy services. The CCF Hospital Diversion Program provides crisis stabilization and hospital diversion services to children and families under a short-term model of about 90 days. These services include intensive in-home crisis stabilization, safety planning, care coordination, parent support, and behavior management. An intern in this program may also have the opportunity to gain experience with other services provided by the Therapeutic Services Team, including CCF Stabilization (provision of in-home family crisis stabilization to families of kids in longer term wraparound services) and Crisis Stabilization and Diversion (intensive in-home work with families referred by Commercial Insurance).

## **Position Description:**

Interns may be expected to perform any of the following tasks during their internship with the CCF Hospital Diversion Program and may expect to gain skill and knowledge in any of the following areas, alongside a staff member and/or independently:

## **Direct Service**

- 1. Provides intensive in-home and community-based stabilization services.
- 2. Provides brief child, family, and parent support; skills training; and therapeutic clinical interventions.
- 3. Completes a strengths-based assessment, which includes administering assessment measures, and works collaboratively with the treatment team to formulate a culturally relevant crisis plan and plan of care.
- 4. Initiates contacts with other agencies and service providers in Dane County to develop and maintain resources for youth with mental health challenges and their families.
- 5. Demonstrates use of a strengths-based philosophy to help youth and families meet their needs and realize their vision of the future.
- 6. Provides phone and on-site crisis assessment, intervention and stabilization services in accordance with the needs of the child and family.
- 7. Assists with the coordination of community-based alternatives (i.e. respite, transportation, inhome supports, etc.) to inpatient hospital admissions.
- 8. Assists, when indicated, with placement of enrolled clients in inpatient hospital facilities and works closely with inpatient facility staff toward timely discharge by coordinating community-based transition and stabilization plans.
- 9. Facilitates monthly team meetings and maintains regular contact with team members (school personnel, hospital staff, county social workers, other community providers, clients, families) to the extent needed to assist the family in successfully meeting treatment goals.
- 10. Evaluates progress in reaching goals and assists with development and implementation of transition planning.

## Administration

- 1. Completes all necessary referral/enrollment paperwork with the family.
- 2. Completes all client-related paperwork and information on the agency information management system (i.e. assessments, crisis plans, plans of care, service authorizations, case notes etc.) according to established timelines.
- 3. Completes all program-related paperwork and enters information in data system (i.e., client data, logs, expense forms etc.) in a timely manner.

## <u>Program Development & Implementation</u>

- 1. Participates as a member of the Therapeutic Services Team.
- 2. Continually develops clinical skills through weekly clinical/reflective supervision, group case consultation, training, and independent study.

## **Requirements:**

- 1. Interns must hold a Valid WI Driver's License and have their own transportation. Proof of auto insurance is required and must meet agency expectation for minimum coverage.
- 2. Interns must pass a criminal background check.



- 3. Must be in final year (i.e. second year student in full-time program or fourth year student in part-time program) of clinical master's degree program (social work with clinical focus/track, counseling or counseling psychology, marriage and family therapy).
- 4. Must be available for Therapeutic Services Team weekly meeting from 10-12:30 on Monday mornings and available to be in session till 7pm at least two evenings out of Mon, Tue, Wed, Thurs.

# **Internship period:**

This internship opportunity is a full academic year commitment, starting August or September 2020 and ending May 2021. Preference will be given to interns able to commit to 14-18 hours per week.

# To Apply:

Please submit the following materials to <u>allison.bender@RISEwisconsin.org</u> and **include the program** name which you are applying for in your e-mail subject line.

- Resume
- Volunteer Application
- Internship/Field Placement requirements and details from your academic institution

#### **Contact:**

Call or e-mail Allison Bender at 608-210-0163 or <u>allison.bender@RISEwisconsin.org</u> to learn more about the position.