

Dane County Comprehensive Community Services

Provider Directory

Revised 6.8.15

<p>Anu Family Services, Inc.</p> <p>6000 Gisholt Drive, Suite 109 Madison, WI 53713</p>	<p>Telephone: 877-287-2441 Fax: 855-329-2681 Website: www.anufs.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Individual Skill Development and Enhancement • Individual and/or Family Psychoeducation <p>Ages Served: Birth-74</p> <p>Service Location: In the home, office, or community-based setting</p> <p>Service Limitations: None identified</p>	<p>Service Description:</p> <p><i>Parent coaching is an individualized service to help parents/caregivers understand, respond to, and improve behaviors of youth, based on needs identified in the youth/family's Plan of Care. This is provided on a one-on-one basis with the parent/caregiver. This service provides trauma-informed techniques using the Present Moment Parenting model to educate parents on the specific relationship between unwanted behavior and unexpressed feelings. Once those relationships are understood, parents learn how to approach the child in a way that heals him/her. Services can be provided to birth parents, grandparents, foster parents, kinship parents, other adults in the home, parents who are separate but parenting together, and extended family members</i></p>

Chrysalis Inc.

1342 Dewey Court
Madison, WI 53703

Telephone: 608-256-3102
Fax: 608-256-3103
Website: www.workwithchrysalis.org

Services Provided:

- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 13-85+

Service Location: In the home, office, or community-based setting

Service Limitations: Peer Support services are targeted at consumers who have a vocational goal or who would be interested in exploring vocational goals

Service Description:

Chrysalis believes that every person with a serious mental illness is capable of working competitively in the community with the right job and work environment. Chrysalis services follow Dartmouth's model of evidence-based supported employment. The goal is to help consumers find and maintain competitive, community-based employment that matches their individual skills, interests, and abilities. The peer specialist movement embodies Chrysalis' strengths-based perspective. Peer supports give persons with mental illnesses the opportunity to use their unique set of recovery experience in combination with solid skills training to support peers who have mental illness. Peer Specialists perform a wide range of tasks to assist consumers in regaining control over their lives and their own recovery process while functioning as role models demonstrating techniques in recovery and in ongoing coping skills.

Community Care Programs, Inc. (CCP)

6716 Stone Glen Drive
Middleton, WI 53562

Telephone: 608-827-7100

Fax: 608-827-7101

Website: www.communitycareresources.com

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-21

Service Location: In office

Service Limitations: Child and adolescent specialty clinic. Age limit that we serve is 21.

Service Description:

We are a child and adolescent specialty clinic providing there unique services: AODA, Trauma-Focused Cognitive Behavior Therapy, Adolescent Sexual Offender work and Psychosexual assessments, Family Reunification, Dialectical Behavioral Therapy, and Psychological Evaluations.

<p>Community Care Resources, Inc. (CCR)</p> <p>6716 Stone Glen Drive Middleton, WI 53562</p>	<p>Telephone: 608-827-7100 Fax: 608-827-7101 Website: www.communitycareresources.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• Diagnostic Evaluations• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Psychotherapy• Substance Abuse Treatment <p>Ages Served: Birth-21</p> <p>Service Location: In office</p> <p>Service Limitations: Child and adolescent specialty clinic. Age limit that we serve is 21.</p>	<p>Service Description:</p> <p><i>Community Care Resources utilizes a Trauma informed approach when working with our foster youth. While we have always had a therapeutic approach to working with children and adolescents in our care, Trauma Informed Care (TIC) is a specific set of assessments, applications and interventions that we have found beneficial in helping children to resolve deep seated and/or underlying problems and to function more successfully. The behaviors that most foster children present are just “the tip of the iceberg”, and TIC allows us to treat the “big mass looming under the water”, which for most of our kids is a history of trauma during periods of their lives when they are most vulnerable.</i></p>

Community Counseling Center of Madison, WI, Inc. (CCC)

6629 University Ave. Suite 209
Middleton, WI 53562

Telephone: 608-833-5880

Fax: 608-829-3787

Website: www.communitycounselingmadison.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13-74

Service Location: In office

Service Limitations: Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs.

Service Description:

The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975.

Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy.

Community Partnerships, Inc. (CP)

1334 Dewey Court
Madison, WI 53703

Telephone: 608-250-6634

Fax: 608-250-6637

Website: www.community-partnerships.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 18-30

Service Location: In the home, office, or community-based setting

Service Limitations: None identified

Service Description:

The Transition to Independence Program (TIP) recognizes that between the ages of 18-30, young adults who are living with a mental health diagnosis have unique needs and the potential to benefit from specialized services. Tip services are designed to provide comprehensive support with an “at your service approach.” Participants have the opportunity to work in partnership with a Transition Specialist (Service Facilitator) who will provide ongoing consultation, assistance with coordinating services and navigating adult systems of care, and ongoing support with personalized goals. TIP services are individualized and tailored to each participant’s strengths and needs.

Employment Resources, Inc. (ERI)

4126 Lien Rd.
Madison, WI 53704

Telephone: 608-246-3444

Fax: 608-246-3445

Website: www.eri-wi.org

Services Provided:

- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development

Ages Served: 13-69

Service Location: In office

Service Limitations: None identified

Service Description:

Peer support services will focus on providing support/guidance/assistance in navigating the employment service system (DVR/ DVR service vendors, Dane County Job Center, etc.). Support may include attending DVR meetings, helping to explain processes and timelines, and support connecting with employment service providers.

Employment counseling services help consumers identify employment strengths and limitations, define job goals, guide the job search, and provide training and counseling on key skills needed to get and keep a job.

Our job seeker's group offers support/encouragement/guidance around the job search process. Members of the group will have an opportunity to share experiences, tips, ideas, mutual support. Group facilitator will offer practical guidance on applications, interviews, and job search strategies.

<p>Family Service Madison, Inc. (FSM)</p> <p>128 E. Olin Ave. Suite 100 Madison, WI 53713</p>	<p>Telephone: 608-252-1320 Fax: 608-252-1333 Website: www.fsamad.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• Diagnostic Evaluations• Individual and/or Family Psychoeducation• Psychotherapy <p>Ages Served: Birth-85+</p> <p>Service Location: In office</p> <p>Service Limitations: Rule out severe Alzheimer's disease or related dementia. Rule out primary alcohol or other drug primary treatment</p>	<p>Service Description:</p> <p><i>Counseling and psychotherapy services to help people create change by providing mental health assessment and treatment services in a culturally sensitive manner.</i></p>

Foundations Counseling Center, Inc. (FCC)

619 River St.
Belleville, WI 53508

Telephone: 608-424-9100
Fax: 608-424-9099
Website: www.foundationscc.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

Foundations Counseling Center provides intensive in-home therapy services for children and adults. We have Trauma Focused-Cognitive Behavioral Therapy trained clinicians and DBT trained clinicians. We specialize in serving youth with severe emotional disturbances, older/disabled adults, in addition to traditional outpatient therapy in the office. We also provide therapeutic mentoring to adults and children.

<p>Hancock Center for Dance/Movement Therapy, Inc.</p> <p>16 North Hancock St. Madison, WI 53703</p>	<p>Telephone: 608-251-0908 Fax: 608-251-0939 Website: www.hancockcenter.net</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Psychotherapy <p>Ages Served: Birth-85+</p> <p>Service Location: In the home, office, school, or community-based setting</p> <p>Service Limitations: No bi-lingual staff available. No 24-hour phone or crisis services available</p>	<p>Service Description:</p> <p><i>Dance/Movement Therapy (DMT) is an innovative form of psychotherapy grounded in the mind-body connection and in the power of movement as communication. Dance/Movement Therapy works with the whole person integrating movement, creative process, and verbal communication. It has the potential to access emotions and issues that may be inaccessible in verbal therapy. In DMT, movement is used as a vehicle for self-expression, insight, and behavioral change in an affirming, non-judgmental environment. It is an effective treatment for people with psychological, social, developmental, neurological, and physical challenges.</i></p>

Journey Mental Health Center (JMHC)

625 West Washington Ave.
Madison, WI 53703

Telephone: 608-280-2700

Fax: 608-280-2707

Website: www.journeymhc.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-85+

Service Location: In the home, office, or community setting. We have 4 office locations throughout Madison:

- Kennedy- 625 W. Washington Ave.
- Gateway- 1423 S. Park St.
- Forward Solutions- 1320 Mendota St.
- Yahara House- 802 E. Gorham St.

Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment

Service Description:

JMHC provides a level of intensive case management services to assist consumers in their path towards recovery by employing a strengths-based approach. The program provides a comprehensive range of treatment that is recovery based and culturally competent and includes supportive services such as assistance with living arrangements, managing money and coordinating benefits, coordinating primary health care, substance abuse treatment, vocational and educational support, socialization, medication prescription and monitoring, and assistance with activities of daily living. These supportive activities build a foundation for trusting relationships with consumers who are the leaders on the team in planning their recovery goals. Woven throughout is the opportunity for community based psychotherapeutic support in the consumer's natural environment.

Adult trauma treatment services provides trauma focused, stage oriented therapy and intensive case management services for adults who are experiencing trauma related symptoms, and diagnosed with a mental health and/or co-occurring disorder. The level of care is dependent on consumer need and ranges from day treatment to outpatient. Services include therapy, case management, psychosocial rehabilitation, psychiatric prescribing and related nursing, and supported referrals to specialty resources. Evidence based individual and group modalities are utilized including cognitive behavioral therapy, EMDR, Seeking Safety and DBT groups, and specialized treatment for severe trauma related disorders including dissociative disorders.

UJIMA is a culturally specific program dedicated to promoting the self-identity and quality of life of African American families who are affected by alcohol and other drug use, trauma, and other mental health related issues. This treatment program provides individual, group and family sessions addressing substance use disorders or co-occurring substance use and mental health disorders with case management services and integrated psychiatry services.

Living Well Counseling Services

6400 Gisholt Dr. Suite 203
Madison, WI 53713

Telephone: 608-223-1506

Fax: 608-223-1745

Website: www.lwcounseling.com

Services Provided:

- Psychotherapy

Ages Served: 4-79

Service Location: In office

Service Limitations: We are able to serve a variety of clients, however our specialty lies in helping individuals recover from traumatic events.

Service Description:

At Living Well Counseling Services, we specialize in working with individuals and couples who find themselves impacted by traumatic events. All therapists are trained and experienced in the use of Brainspotting therapy and EMDR. We offer flexible scheduling and a faith-based perspective is available upon request.

Madison Psychotherapy Center LLC (MPC)

702 N. Blackhawk Ave. Suite 205
Madison, WI 53705

Telephone: 608-233-3037

Fax: 608-233-5893

Website: www.mpccounseling.com

Services Provided:

- Diagnostic Evaluations
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: Birth-85+

Service Location: In office

Service Limitations: We are not able to see sexual perpetrators, clients who are non-compliant with their medications, and clients who are non-compliant with their treatment plan

Service Description:

Specialty areas:

- Military
- Childhood Abuse/Neglect
- Asperger's & Autism Spectrum Disorder
- Traumatic Brain Injury
- Pet Bereavement
- Loss / Grief
- Eating Disorders
- Special Needs
- Depression
- Anxiety
- PTSD
- Life Transitions
- Chronic Illness
- Self-Esteem
- LGBTIQ
- Domestic Violence
- Self-Harming
- Divorce
- Peer Relationships
- Anger Management
- Oppositional Defiant/Conduct Disorder
- ADD/ADHD
- Mindfulness
- Pregnancy/Postpartum

<p>SOAR Case Management Services, Inc.</p> <p>2025 Atwood Ave. Madison, WI 53704</p>	<p>Telephone: 608-287-0839 Fax: 608-287-0840 Website: www.soarcms.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Diagnostic Evaluations• Medication Management• Physical Health Monitoring• Peer Support• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Psychotherapy• Substance Abuse Treatment <p>Ages Served: 18-85+</p> <p>Service Location:</p> <p>Service Limitations: SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder</p>	<p>Service Description:</p>

<p>Tellurian UCAN, Inc.</p> <p>5900 Monona Dr. Suite 300 Monona, WI 53716</p>	<p>Telephone: 608-663-2120 Fax: 608-222-6694 Website: www.tellurian.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • SERVICE FACILITATION (assessment/planning) • Diagnostic Evaluations • Medication Management (non-prescriber) • Physical Health Monitoring • Individual Skill Development and Enhancement • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services • Psychotherapy • Substance Abuse Treatment <p>Ages Served: 18-85+</p> <p>Service Location: In the home, office, or community-based setting. We have 3 Madison office locations:</p> <ul style="list-style-type: none"> • Outpatient Clinic- 300 Femrite Dr. • Day Treatment- 2914 Industrial Dr. • Community Team- 1051 Williamson St. <p>Service Limitations: None listed</p>	<p>Service Description:</p> <p><i>Tellurian Community Intervention Team (CIT) provides highly specialized, multi-disciplined case management and crisis stabilization services. CIT provides several services, including monitoring and support, medication management, symptom management, housing coordination, activities of daily living, money management, budgeting, medical care, psychiatric care, and socialization. CIT also provides short-term intensive services to persons on Alcohol or Drug Commitments including Settlement Agreements. 24/7 on call services are available for all CIT clients.</i></p> <p><i>Our outpatient clinic provides a wide array of counseling and assessment services for individuals experiencing substance abuse, dependency, and mental health issues. Individual, group, and/or family counseling are available. Outpatient services are flexible and stress individualized treatment plans. Our compassionate treatment approach focuses on patient needs with the goal of getting the patient's life back on the track they desire. Since people struggling with addiction often have accompanying mental health issues, such as depression, anxiety, or post traumatic stress, Our day treatment program is specifically designed for those who have a supportive living environment but require more intensive treatment than traditional outpatient treatment programs offer. The program provides patients with an opportunity to practice recovery skills within the community, utilizing peer and staff support to maintain sobriety. Morning, afternoon and evening group sessions are available to accommodate our patients' work or home schedules. All groups are conducted four hours per day, four days per week. In addition, patients also receive one hour per week of one-on-one individual therapy. Additional family counseling is also available and recommended. The program is an approved provider for the Dane County intoxicated driver program and assists participants in the successful completion of recommended or court-ordered driver safety plans.</i></p>

The Rainbow Project, Inc. (RP)

831 E. Washington Ave.
Monona, WI 53703

Telephone: 608-255-7356

Fax: 608-255-0457

Website: www.therainbowproject.net

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: Birth-12

Service Location: In office

Service Limitations: None listed

Service Description:

The Rainbow Project, Inc. is a private, non-profit organization, providing services to children (birth-12) and families experiencing stress related, but not limited to, the effects of:

- *Trauma (resulting from physical, sexual & emotional maltreatment, & other sources)*
- *Neglect*
- *Attachment Issues (parent/caregiver & child relationship)*
- *Witness to Domestic Violence*
- *And other biological & environmental stressors*