

Dane County Comprehensive Community Services

Adult Service Facilitation

Provider Directory

Revised 10/30/2019

ADE Supports, Inc.

1955 W. Broadway, Suite 102
Monona, WI 53713

Telephone: 608-209-8272

Fax: N/A

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 4-74

Service Location: In office or community-based setting

Service Limitations: None listed

Service Description:

ADE provides work around services to individuals with mental health concerns. ADE encourages individuals to work towards their optimal and wellness.

Anesis Center for Marriage & Family Therapy

6409 Odana Road, Suite 14
Madison, WI 53719

Telephone: 608-268-6530

Fax: 608-709-1774

Website: www.anesistherapycenter.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth - 64

Service Location: In office or community-based setting

Service Limitations: We do not specialize in treatment for autism or developmental disabilities.

Bilingual Services Available in: Spanish and Hmong

Service Description:

Anesis Therapy is an absolutely special and unique center. We are a family oriented agency and we are setting out to make an impact within our community. We have a diverse staff that specializes in many different areas. Our philosophy is rooted in systems therapy and uses Narrative Therapy, TF-CBT-Trauma Focused Cognitive Therapy for children, Motivational Interviewing and Cultural Interventions. We believe in helping our client's identify their values and skills so they can effectively confront whatever problems they face. We believe that the person is not the problem, the problem is the problem.

Chrysalis Inc.

1342 Dewey Court
Madison, WI 53703

Telephone: 608-256-3102

Fax: 608-256-3103

Website: www.workwithchrysalis.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development

Ages Served: 15-85+

Service Location: In office or community-based setting

Service Limitations: Chrysalis services are ideal for someone who has a vocational goal, or who would be interested in exploring vocational goals.

Service Description:

Chrysalis believes that every person with a mental health or substance use challenge is capable of working competitively in the community with the right job and work environment. Chrysalis services follow Dartmouth's model of evidence-based Individual Placement and Supported (IPS) Supported Employment. The goal is to help consumers find and maintain competitive, community-based employment that matches their individual skills, interests, and abilities.

The peer specialist movement embodies Chrysalis' strengths-based perspective. Chrysalis vocational peer specialists use their lived experience with mental health and/or substance use challenges to help other achieve their personal and work-related goals. Chrysalis Vocational Peer Specialists perform a wide range of tasks to assist consumers in regaining control over their lives, and their own recovery process.

Chrysalis provides Service Facilitation from a lens of work as recovery. Individuals connected to Chrysalis Services Facilitation will have access to an Employment Specialist and Vocational Peer Specialist who are embedded within the team. Services Facilitators provide holistic supports with an emphasis on consumer involvement.

Common Threads Family Resource Center

5979 Sigglekow Road
McFarland, WI 53558

Telephone: 608-838-8999

Fax: 608-838-8988

Website: www.commonthreadsmadison.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-26

Service Location: In office or community-based setting

Other Location:

4800 Ivywood Trail, McFarland

Service Limitations: We specialize in sensory, regulation and interoception issues that often co-occur with mental health concerns. However, we serve individuals with a wide-variety of mental health challenges and behavioral disorders beyond this. We cannot serve clients with serious sexual offenses or violent felonies.

Service Description:

Common Threads Family Resource Center, located minutes from Madison, WI, is both a state licensed mental health clinic with occupational and speech therapy, and a non-traditional school program. Both programs are geared towards individuals affected by mental health challenges, behavioral disorders, sensory processing challenges and autism. Our experienced and talented team of professionals creates a daily environment of acceptance and growth where students and clients flourish. The multidisciplinary team includes top professionals from multiple treatment, development, and educational areas to ensure we provide the most appropriate and forward-thinking services for every individual client. We believe in every individual that walks through our door and embrace all families who seek out our center. Working collaboratively, we are far stronger. It is our privilege to be of service.

Our Core Values:

- *Believing in the potential of each client we serve*
- *Being devoted to success*
- *Honoring our client's strengths*
- *Valuing relationship*
- *Meeting our clients where they are at*

Community Counseling Center of Madison, WI, Inc.

6629 University Avenue, Suite 209
Middleton, WI 53562

Telephone: 608-833-5880

Fax: 608-829-3787

Website: www.communitycounselingmadison.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13-74

Service Location: In office or community-based setting

Service Limitations: Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs.

Service Description:

The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975. Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.

Community Living Alliance, Inc.

1414 MacArthur Road
Madison, WI 53714

Telephone: 608-242-8335

Fax: 608-240-7060

Website: www.clanet.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 18-85+

Service Location: In office or community-based setting

Service Limitations: We do not serve individuals with a primary diagnosis of Substance Abuse.

Service Description:

CLA is a local, non-profit, trauma-informed, community based organization. For over thirty (30) years CLA has been a trusted provider in Dane County and has designed and provided innovative programs and services that support the independent living needs of all people with disabilities and older adults.

CLA has rich history in supporting individuals with all disabilities and those who have chronic health and pain conditions. These conditions often produce anxiety or depression and other symptoms which may challenge interpersonal relationships and limit one's ability to live a meaningful life. We partner with individuals to gain insight through education to effectively manage their symptoms and uncover barriers to achieve their recovery goals.

The core values of our organization embraces the central tenets of the independent living philosophy. We believe that people should have a choice in the services that they receive and must be at the center of all treatment planning and goal identification.

CLA as a trauma informed care organization embraces the principles of trauma based care and has a rich understanding and respect for an individual's journey towards health and wellbeing. We recognize the impact of social isolation and see great value in promoting opportunities for community connections and healthy interpersonal relationships.

CLA is unique in understanding the impact of mobility and chronic pain and other issues which may limit an individual's ability to participate in therapy outside of the home. Therefore, CLA provides in-home as well as traditional office services. Our expertise also extends to supporting individuals as they work through their own personal grief and loss process and move toward adapting to and coping with change.

Focus Counseling Inc.

1920 Fordem Avenue
Madison, WI 53704

Telephone: 608-405-2055

Fax: 608-467-2994

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office or community-based setting

Other Location:

1721 Blossom Lane, Madison

Service Limitations: We do not provide prescriber services.

Service Description:

One-to-one and group counseling and case management services for treatment of mental health and substance abuse disorders with emphasis on culturally competent service delivery.

Employment training and support staff works one-to-one with clients to develop and enhance employment skills in preparation for on-the-job training opportunities designed to result in direct employment.

Counseling staff, with support from peer specialists and case management staff, work with clients toward enhancement of individual life skills including (but not limited to) improved hygiene and personal care, increased opportunities for stable housing, and increased social skills.

Forward Learning Youth and Young Adults (FLYY)

2940 Chapel Valley Road
Fitchburg, WI 53711

Telephone: 608-819-6390

Fax: 608-807-5167

Website: www.flyy.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 7-35

Service Location: In office or community-based setting

Service Limitations: We are not able to serve clients with serious violent sexual charges, actively psychotic, or in need of detox services.

Service Description:

At FLYY we work with teens and young adults by teaching them the skills they need to be able to plan for their future or to become a healthy, productive community member. From cooking, cleaning, organizing and budgeting skills, to increasing their exposure to the Madison community by becoming more familiar with its parks, libraries, public transportation--FLYY does it all. Our services give young people the skills and supports they need to master mental health challenges and reduce the negative impact these challenges can have on daily lives.

FLYY's skill development and therapy services are geared towards providing young people experiential learning within their communities to improve their likelihood of success as they develop. FLYY also works with youth that are having troubles managing their emotions and behaviors by teaching them to understand and identify their triggers, manage their anger, stress, anxiety or sadness and by modeling healthy and appropriate behaviors. Additionally, FLYY staff also work with youth on developing and implementing new coping skills, emotional regulation, problem solving, social skills and distress tolerance. We specialize in working with youth and young adults who may not respond well to traditional therapeutic services.

In addition to supporting youth and young adults of our community, FLYY also works with parents by offering various programs to support and teach as well as family therapy services and mediation.

FLYY also provides service facilitation for youth and young adults who require specialized services within a strengths-based recovery model designed to support long-term success.

HealthyMinds, LLC

6510 Grand Teton Plaza, Suite 402
Madison, WI 53719

Telephone: 608-239-8807

Fax: 608-841-1200

Website: www.healthymindsllc.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office or community-based setting

Service Limitations: None listed

Bilingual Services Available in: Hmong

Service Description:

HealthyMinds is a culturally affirming outpatient mental health clinic who base our success on our client's long-term good health. We have extensive experience with the LGBTQ population and specific experience working with gender transitioning individuals. We believe in personalized care based on client's mental health concerns and offer a wide array of psychosocial rehabilitation services to clients across the lifespan who have needs for ongoing, high or low-intensity services resulting from mental health or substance use disorders. The services and supportive activities we provide to CCS clients with mental health and/or substance use conditions allow them to achieve their highest possible level of independent functioning, stability, independence, and to facilitate recovery.

Specializations: Behavioral Health, Individual Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Interpersonal Therapy (ITP), Acceptance and Commitment Therapy (ACT), Group Psychotherapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Addiction (Substance Use Disorder), Supporting parents and children through the facilitation of Nurtured Heart Approach® groups and home visits, Marriage and Family Therapy, Trauma Informed Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Acute Trauma Intervention Protocols (ATIP), Eye Movement Desensitization and Reprocessing (EMDR), Child and Adolescent mental Health, Mental Health Counseling, Psychological First Aid, Critical Incident Stress, Management, Eye Movement Desensitization and Reprocessing (EMDR).

Conditions Treated: Trauma, Crisis, Suicide Prevention, Substance Abuse, Victim Assistance, Sexual Abuse, Anxiety, Depression, Grief and Loss, Sports Psychology, Eating Disorders, Financial Discords, Life Transitions, Gender Transitioning.

Heartland Health Outreach

4750 N. Sheridan Road, Suite 500
Chicago, IL 60640

Telephone: 608-224-9838

Fax: 608-205-5606

Website: www.heartlandhealthoutreach.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 18-85+

Service Location: In office or community-based setting

Office Location:

715 Rethke Ave. Madison, WI

Service Limitations: None listed

Service Description:

Rethke Terrace is a 60-unit residential supportive permanent housing program that serves single adults (veterans and chronically homeless). Supportive services are provided by Heartland Health Outreach and are designed for current residents of the building. Program staff will be available on-site six days a week (Monday – Saturday). Rethke Terrace offers residents an independent, safe environment with on-site supportive services designed to assist residents in achieving long-term housing stability and to promote personal growth and well-being. Individual and group services that will be provided are: Linkage to psychiatric care, Linkage to primary care , On-site representative ,payee services,, Substance use services, Life skills groups , Financial literacy , Counseling/Therapy, Linkage and assistance with completing benefits applications, Linkage and assistance with employment and vocational services, Advocacy, Linkage to other services as needed.

Insight Counseling & Wellness, LLC

2021 Atwood Avenue
Madison, WI 53704

Telephone: 608-244-4859

Fax: 608-244-6809

Website: www.insightmadison.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-84

Service Location: In office and community-based setting

Service Limitations: None listed

Service Description:

At Insight, we offer holistic interventions, which means that we consider wellness of each person's mind, body and spirit. We offer individualized attention and cater our services to the unique need of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing). Our therapists are master's and doctoral-level professionals in either counseling or marriage and family therapy.

Our office is wheelchair accessible.

Journey Mental Health Center - GROW

49 Kessel Court
Madison, WI 53711

Telephone: 608-280-2700

Fax: 608-280-2707

Website: www.journeymhc.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-85+

Service Location: In office or community-based setting

We have 3 office locations throughout Madison:

- JMHC East- 1320 Mendota Street
- JMHC Woods End- 25 Kessel Court
- Yahara House- 802 E. Gorham Street

Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.

Bilingual Services Available in: Spanish and Hmong

Service Description:

Journey's mission statement is: Improving people's lives by pioneering and sustaining effective mental health and substance use disorder services. We "share the path from hope to recovery" with you. We start with a shared hope and work with you toward your recovery goals.

At Journey Mental Health Center - GROW

Growth Recovery Outreach Wellness (GROW) is a program that supports people in developing and working on goals in all aspects, 0 to 99+. Staff support your growth, provide outreach, and work with you on your general recovery and wellness. We meet you where you are and support you where you are. Sometimes that means in the community or in a clinic based setting.

Grow utilizes the CCS array and works with agencies across Dane county to provide care that makes sense for your mental and/or substance use treatment and your recovery goals. GROW also works closely with other Journey staff in a team based setting, including staff with lived experience, vocational experience and therapy experience. GROW team members will work with you side by side on your path to recovery while supporting your goals.

Journey Mental Health Center - PROPs

49 Kessel Court
Madison, WI 53711

Telephone: 608-280-2700

Fax: 608-280-2707

Website: www.journeymhc.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-85+

Service Location: In office or community-based setting

We have 3 office locations throughout Madison:

- JMHC East- 1320 Mendota Street
- JMHC Woods End- 25 Kessel Court
- Yahara House- 802 E. Gorham Street

Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.

Bilingual Services Available in: Spanish and Hmong

Service Description:

Journey's mission statement is: Improving people's lives by pioneering and sustaining effective mental health and substance use disorder services. We "share the path from hope to recovery" with you. We start with a shared hope and work with you toward your recovery goals.

At Journey Mental Health Center - PROPs

Promoting Recovery from Onset of Psychosis (PROPs) is a program that supports young people (ages 15 to 25) who have symptoms of psychosis. Through this work, we teach about symptoms, discuss low dose medication options, support you around work and school. We provide therapy and counseling supports to you and also your identified family and natural supports on how to best support you! Our team works closely together with a peer specialist, supported education/employment specialist, recovery coach (service facilitator) and therapist to support you to work on your goals and recovery.

Journey Mental Health Center – Yahara House

49 Kessel Court
Madison, WI 53711

Telephone: 608-280-2700

Fax: 608-280-2707

Website: www.journeymhc.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-85+

Service Location: In office or community-based setting

We have 3 office locations throughout Madison:

- JMHC East- 1320 Mendota Street
- JMHC Woods End- 25 Kessel Court
- Yahara House- 802 E. Gorham Street

Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.

Bilingual Services Available in: Spanish and Hmong

Service Description:

Journey's mission statement is: Improving people's lives by pioneering and sustaining effective mental health and substance use disorder services. We "share the path from hope to recovery" with you. We start with a shared hope and work with you toward your recovery goals.

At Journey Mental Health Center – Yahara House

Yahara House (YH), a Clubhouse Model of mental health services, offers adults a path to recovery through relationships and work. YH members and staff work side by side building relationships with peers, while learning important job skills. Service facilitation includes supportive counseling, member run self-help groups, supported employment, and transitional work experience.

Keeping Families Together, LLC

5555 Odana Road, Suite 101
Madison, WI 53719

Telephone: 608-515-2527

Fax: 608-709-1350

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-64

Service Location: In office or community-based setting

Service Limitations: None listed

Service Description:

Keeping Families Together, LLC provides a approach to dealing with individuals and/or families who suffer, from mental illness and/or dually diagnosed disorders. We believe in a holistic approach that addresses the consumers immediate needs and underlying problems. We welcome all individuals regardless of their race, gender, sexual orientation, and/or religious beliefs. Our mission is to provide comprehensive continuity of care to individuals seeking our services. Our staff consist of license substance professionals and mental health providers with over 20 years of experience working with vulnerable populations. We specialize with reducing the rates of recidivism amongst individuals who has been involved with the criminal justice system.

Lutheran Social Services

6314 Odana Road
Madison, WI 53719

Telephone: 608-277-0610

Fax: 608-270-6651

Website: www.lsswis.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Peer Support
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Locations: In office or community-based setting

Service Limitations: None listed

Service Description:

LSS Mental Health and AODA services:

- *Serving children, adolescents, adults, couples, families, and individuals*
- *Experienced with Mental Health issues including Depression, Anxiety, and Trauma*
- *Integrated MH and AODA treatment*

CCS Service Facilitation for children and adults:

- Screening and Assessment
- Service Planning
- Service Facilitation

Madison Trauma Therapy, LLC

4785 Hayes Road, Suite 201
Madison, WI 53704

Telephone: 608-509-9287

Fax: 608-630-8089

Website: www.madisontrauma.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 6-79

Service Location: In office or community-based setting

Service Limitations: None listed

Service Description:

At Madison Trauma Therapy we empower people to develop their own recovery goals and choose the members of their recovery team. We are here to support and guide people on their journey toward recovery through:

- *Spirituality – an important component to recovery for many people. We are competent in this area and comfortable engaging people of any faith background.*
- *Creativity*
- *“Color Group” – an art group using creativity as an avenue for healing and self-expression.*
- *Art Studio – use of many mediums, colors and materials to creatively reframe challenges.*
- *“Writer’s Guild” – a writing group focused on both healing and building on strengths.*
- *“Breaking Bread” – a nutritional group focused on eating healthy on a budget.*
- *Close collaboration – we keep communication open between clients and all members of their recovery team.*
- *Relaxation Room – use of Biomat for pain and stress management.*
- *Patience – Not our pace, your pace. This is your recovery.*

One thing unique about MTT is that our staff is characterized by Christian beliefs that inform who we are as people and as helpers in our community. We come from a variety of faith backgrounds and denominations, and we desire to work together to make a positive impact on those around us. We welcome people of all beliefs and backgrounds and are highly respectful of each person’s individual story and what each person brings to the recovery process.

Natures Ark Behavioral Health Services LLC

2976 Triverton Pike Drive, Suite 110
Fitchburg, WI 53711

Telephone: 608-405-5558

Fax: N/A

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-84

Service Location: In office or community-based setting

Service Limitations: Not capable to service those with sensitivity to essential oils and fragrances due to the agency being an essential oil-based office.

Service Description:

Natures Ark specializes in showing men, women, children, and adolescents how to experience total health by connecting mind, body and spirit. Natures Ark supports people in their desire to bridge the gap between where they are right now and where they want to be in the future, with support of therapy by interacting with nature. Natures Ark will implement several techniques to cultivate and inspire resilience in oneself. Nondiscrimination all are welcome.

Orchestra X

313 Price Place, Suite 111
Madison, WI 53705

Telephone: 608-333-2369

Fax: 608-440-2846

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office or community-based setting

Service Limitations: None listed

Service Description:

Orchestra X Mental Wellness provides a client-centered, solution-focused and supportive approach. With over 20 years of experience working with youth, adults and families; therapeutic goals focus on understanding, empowerment and recovery. Utilizing a person's innate creativity and discovering the inner-artist is foundational to healing. Community, In-home and on-site services.

Techniques for recovery include:

- *Goal-oriented skill development to awaken inherent strength and talent.*
- *HeartSound; listening and music activities to explore feelings and emotions.*
- *Re-storying; conversation and writing activities to develop a loving empowering inner-voice.*
- *Re-parenting; interrupting negative thought patterns to overcome developmental trauma.*
- *Mentorship focus on respect, care and joining through listening, humor and talent discovery/development.*

RISE Wisconsin, Inc.

1334 Dewey Court
Madison, WI 53703

Telephone: 608-250-6634 x:205

Fax: 608-250-6637

Website: www.risewisconsin.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Peer Support
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 6-35

Service Location: In office or community-based setting

Other Location:

2120 Fordem Avenue, Madison

Service Limitations: We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service.

Service Description:

At RISE, we specialize in transitions of all kinds, because change can be hard. We know that feeling overwhelmed and stressed can get in the way of living the life you want. We are here to support you in identifying and learning new skills. Youth, young adults and families are served with care and compassion.

We walk with you in building your hopes and dreams, grounded in mental health and substance use recovery. You decide what services will help you reach your goals, and we will get you connected. You have many kinds of support to choose from. We are flexible and will meet you where it works best for you, and we provide a variety of services tailored to your wellness goals.

With our service facilitation at RISE, you can access Individual Skills Development (ISD), individual and family psychoeducation, peer and parent support and vocational training. Through our team's partnership with Chrysalis and the Department of Vocational Rehabilitation (DVR), we offer state-of-the-art employment support to help you reach your goals. Finding a therapist, securing stable housing, getting connected to a doctor, finding the right support at school, and figuring out benefits (SSDI, Section-8, food assistance) can all happen while you are with us.

RISE values lived experience; our certified peer and parent peer specialists have experienced mental health/ substance use challenges or have parented children who have struggled. Because we have been in your shoes, we value your individual voice and choice in your own recovery journey and are able to walk along-side you.

We look forward to meeting you!

Sankofa Behavioral & Community Health

195 W. Broadway, Suite 105
Monona, WI 53713

Telephone: 608-239-9589 or 608-285-9101

Fax: 608-819-4903

Website: www.sankofabch.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-69

Service Location: In office or community-based setting

Service Limitations: We do not provide detox services.

Bilingual Services Available in: Hmong

Service Description:

Sankofa provides culturally-specific services focusing on historically underserved populations and low-income folks.

SOAR Case Management Services, Inc.

2132 Fordem Avenue
Madison, WI 53704

Telephone: 608-287-0839
Fax: 608-287-0840
Website: www.soarcms.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 18-85+

Service Location: In office or community-based setting

Service Limitations: SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder.

Service Description:

SOAR Case Management Services, Inc. is a consumer operated, non-profit, recovery-based provider of community mental health services. SOAR was founded in 1998 on the belief that mental health consumers can and will recover if they are given the tools to become self-sufficient and follow their hopes and dreams. SOAR's Mission is to assist consumers in developing their capabilities, talents and aspirations in a culturally competent, trauma-informed and recovery-oriented manner. The SOAR model of case management has always employed peer-support as a primary component of the service delivery continuum. Currently over 60% of SOAR staff identify as mental health consumers.

SOAR Programs:

Case Management- The goal of case management is to support consumers who have mental health and/or substance use concerns, who may also be connected with the criminal justice system, in working towards their recovery goals in the community. Case management support seeks to help divert consumers from utilizing hospitals or further involvement in the criminal justice system by providing sufficient, clinically appropriate support in areas including but not limited to crisis management, housing coordination/support, Social Security/Medicaid/Medicare benefit management, service coordination/referral, community advocacy, and physical and dental health care coordination/monitoring. SOAR offers both long and short term, as well as high and low intensity, case management support tailored to the specific, individual needs of each consumer.

Psychiatry Clinic - SOAR offers psychiatric prescriber services to individuals in Madison and the surrounding Dane County area. Within the outpatient psychiatry clinic SOAR offers medication management, diagnostic evaluations, and psychotherapy. Additionally, clients have access to further RN services including lab monitoring and basic physical health monitoring.

Recovery Dane - provides information and referral in the areas of psychiatric care, psychotherapy, and other mental health services. Additional Recovery Dane works to connect individuals to information about services/supports like medical care, dental care, Social Security benefits, legal services, food, clothing, and shelter services, child and family support/services, AODA treatment option, and a myriad of other services and support. Beyond information and referral Recovery Dane offers Peer Support Specialist services in both the one-on-one and group settings. Peer Support Specialists offer one on one support to individuals managing mental health and substance use concerns and have the ability to lend unique insight and support while working with consumers on their recovery.

Tellurian UCAN, Inc.

5900 Monona Drive, Suite 300
Monona, WI 53716

Telephone: 608-663-2120

Fax: 608-222-6694

Website: www.tellurian.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 18-85+

Service Location: In office or community-based setting

We have 3 Madison office locations:

- Outpatient Clinic & Housing Resources - 300 Femrite Dr.
- Day Treatment- 2914 Industrial Dr.
- Community Team- 1053 Williamson St.

Service Limitations: None listed

Service Description:

Tellurian Community Intervention Team (CIT)

CIT service facilitators provide a multi-disciplinary approach to work with individuals on their identified goals at their pace. Services offered include: medication management, housing support and coordination, support with activities of daily living, budgeting support, and psychiatric care (if seen in our clinic)

Tellurian Outpatient Clinic

Tellurian Outpatient Clinic provides a wide array of counseling and assessment services for individuals experiencing substance abuse, dependency, and mental health issue with a compassionate treatment approach. Individual, group, and/or family counseling are available.

Tellurian Day Treatment Program

Tellurian Day Treatment Program is specifically designed for patients who have a supportive living environment but require more intensive treatment than traditional outpatient treatment programs offer. The program provides patients with an opportunity to practice recovery skills within the community and utilize peer and staff support to maintain sobriety. Daily group sessions are available to accommodate your schedule. All groups are conducted four hours per day, four days per week (Tue-Fri) along with one hour per week of one-on-one individual therapy (family counseling is available and recommended). The program is also an approved provider for the Dane County intoxicated driver program

Tellurian Housing Resource Coordinator

The Tellurian Housing Resource Coordinator provides skill development, problem solving and resource education in the areas of securing and maintaining safe and affordable community housing. Services may include, but are not limited to: Education about housing resources that meet the member's needs-including Subsidized, Public Housing, Section 8 and Market Rate units; assist with placing calls to rental companies and rental agents to obtain information; assist members with completing housing applications; mentor and supervise writing appeal letters for denial of Subsidized/Public Housing; assist with skill acquisition for informal reviews for denial of Subsidized/Public Housing; and provide education about Energy Assistance, Eviction Prevention/Security Deposit monies as appropriate.

The Hmong Institute, Inc.

5310 Arapahoe Lane
Madison, WI 53704

Telephone: 608-628-3901

Fax: N/A

Website: www.thehmonginstitute.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office or community-based setting

Other Location:

4402 Femrite Drive, Madison

Service Limitations: None listed

Service Description:

Provide culturally and linguistically responsive services to Southeast Asian clients. We provide nontraditional psychosocial rehabilitative services such as use of a shaman to perform spiritual ceremony to unite the body and soul to restore client's functional capabilities and increase community living ability as well as the ability to carry out activities associated with daily living. Service Facilitation activities that ensure the member receives: assessment services, service planning, service delivery, and supportive activities. Individual skill development and enhancement services for problem solving, decision-making, self-regulation, daily living skills related to personal care, household tasks, financial management, and connecting to community resources and services. Provide psychotherapy.

The Psychology Clinic, Inc.

310 N. Midvale Blvd. Suite 202
Madison, WI 53705

Telephone: 608-852-8585

Fax: 608-238-1929

Website: www.thepsychologyclinicinc.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office or community-based setting

Other Location:

5555 Odana Road, Suite 202, Madison

Service Limitations: None listed

Service Description:

The Psychology Clinic, Inc., is a multifaceted outpatient mental health clinic serving children, adolescents and adults. Our staff have extensive experience in crisis intervention services and we specialize in working with clients with complex mental health and situational needs. We have assembled a multidisciplinary team to provide a broad range of traditional and innovative professional services. We have developed an approach that is designed to be responsive to people's needs in a wide variety of circumstances.

Services:

- *Culturally-sensitive psychotherapy for individuals, couples, families and groups. We work with clients wherever it is most effective do so – in our office or in their homes. We encourage clients to take an active role in shaping their counseling treatment plans.*
- *Service facilitation for children, adolescents and adults. We pride ourselves in providing responsive, compassionate and individualized case management services.*
- *Diagnostic Evaluations performed in a thorough and timely manner.*
- *Psychoeducation and individual skill development and enhancement services for children, adolescents and adults provided in setting designed to maximize effective learning for clients.*
- *Substance abuse treatment for adolescents and adults.*
- *Wellness management and recovery support services for clients of all ages.*

Thomas & Associates Services, LLC

2976 Triverton Pike Drive, Suite 200
Fitchburg, WI 53711

Telephone: 608-283-9989

Fax: N/A

Website: www.drgetmadison.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13 – 79

Service Location: In office or community-based setting

Other Location:

6501 Watts Road, Madison

Service Limitations: None listed

Service Description:

Thomas and Associates Services LLC is committed to helping families and individuals build healthy and constructive lives. We believe support that is non-judgmental, sincere, and honest helps build a trusting relationship with clients. We believe that most clients have the capacity to re-direct their lives when helped to do so. We say to our clients that it is more important where they are going than where they have been.

Individual Services:

Psychotherapy, stress management, trauma treatment, domestic violence, behavior intervention, substance abuse treatment and education, relationship counseling, psychological evaluation, mental health assessments, problem solving decision making, employment readiness, and vocational counseling.

Group Services:

Prosocial/skills training, stress management, anger management, trauma treatment/evaluation, counsel with authority figures, moral development support and enhancement, problem/solving/decision making training.

Triquestrian, LLC

6514 Odana Road, Suite 10
Madison, WI 53719

Telephone: 608-400-3672

Fax: 608-422-4006

Website: www.triquestrian.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office or community-based setting
Farm Location:
996 Storytown Road, Brooklyn

Service Limitations: None listed

Service Description:

Office Based Services: Triquestrian provides traditional office-based psychotherapy for adolescents and adults. Our skilled therapists work with a variety of mental health and substance use issues including but not limited to Anxiety, Depression, BiPolar Disorder, Eating Disorders, Substance Use Disorders, Borderline Personality Disorder, Gender Identity, and Trauma. We tailor our services to meet the needs of each person we are working with utilizing CBT, DBT, Motivational Interviewing, Somatic Experiences, and a variety of other approaches.

Triquestrian also provides Service Facilitation services helping connect individuals with resources in the community. Our Service Facilitators will work directly with the individual to identify goals and develop plans that fit their needs to reach them.

Equine Assisted Psychotherapy and Equine Assisted Learning Services:

Triquestrian also provides Equine Assisted Psychotherapy and Equine Assisted Learning. Our mission is to provide the community with opportunities for growth and learning through the power of horses. We believe horses have the ability to help us experience and explore life from a unique perspective creating opportunities for growing, learning and healing.

We provide services utilizing the EAGALA (Equine Assisted Growth and Learning Association) Model. No riding is involved and no horse experience is needed. Equine Assisted Psychotherapy provides an experiential learning opportunity for participants. Because of its experiential nature, it allows a different level of exploration and integration of mind, body, and spirit that is sometimes difficult to reach within traditional treatment settings. Equine Assisted Learning Services provide participants opportunities for problem solving, communication skill building, leadership training, and self-esteem building. All services can be uniquely tailored to meet the participants' goals.

We will also be offering Trauma Focused - Equine Assisted Psychotherapy (TF-EAP) utilizing Natural Lifemanship planning in 2019. TF-EAP is based on the neuroscience of human and horse brain development, the impact of trauma, and the role of relationships in recovery and healing. It is principle based with a focus on assisting participants to create new neural pathways while learning regulation strategies in a trauma focused approach.

True Believers, LLC

8383 Greenway Cross, Suite 600
Middleton, WI 53562

Telephone: 608-826-7448

Fax: 608-467-2435

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-69

Service Location: In office or community-based setting

Other Location:

2984 Triverton Pike Drive, Suite 103, Madison

Service Limitations: None listed

Service Description:

True Believers, LLC is an agency that provides intensive case management and service facilitation to adults of all ages in Dane County. Our staff consists of licensed substance abuse and mental health providers with over 20 years experience providing case management and advocacy to consumers. We believe that our consumers have the right to be treated with the upmost dignity and respect in all aspects of their lives. Our belief system is to meet people where they are and help them improve optimum living and well-being. Our agency strives to meet our consumer hierarchy of needs by addressing issues that they face, such as housing, lack of employment, no insurance, lack of support, legal problems, unresolved health concerns, and many more.