

Dane County Comprehensive Community Services

Provider Directory

Revised 1/8/2018

Please remember to verify your provider is in-network at the facility and date of your appointment

Quick Reference Guide to the Service Array

Service Facilitation	Diagnostic Evaluations	Medication Management	Physical Health Monitoring	Peer Support	Individual Skill Development/E nhancement	Employment Skill Development	Individual/ Family Psycho-education	Wellness Manage-ment	Psycho-therapy	Substance Abuse Treatment
Ade	-	Ade	Ade	-	Ade	-	Ade	Ade	-	-
-	-	Allies	Allies	-	Allies	Allies	Allies	Allies	-	-
-	-	-	-	-	-	-	Andrea T.*	-	Andrea T.*	-
Anesis	Anesis	-	-	-	Anesis	-	Anesis	Anesis	Anesis	Anesis
-	-	-	-	-	Anu	-	Anu	-	-	-
-	-	ASPIRES247	ASPIRES247	-	ASPIRES247	ASPIRES247	-	-	-	-
-	-	-	-	-	-	-	Atlas	-	Atlas	-
-	-	-	-	-	Attain Work	Attain Work	Attain Work	Attain Work	-	-
-	-	-	-	-	Avail	Avail	Avail	Avail	Avail	Avail
-	-	-	-	-	BeYOUtiful	-	BeYOUtiful	BeYOUtiful	-	-
-	CSSW	CSSW	-	-	-	-	CSSW	-	CSSW	-
-	-	-	-	-	CTN	-	CTN	-	CTN	-
-	-	-	-	Chrysalis*	-	Chrysalis*	-	-	-	-
CTFRC	CTFRC	-	-	-	CTFRC	CTFRC	CTFRC	-	CTFRC	-
-	CCP	-	-	-	CCP	CCP	CCP	CCP	CCP	CCP
CCC	CCC	-	CCC	-	CCC	CCC	CCC	CCC	CCC	CCC
-	-	-	-	-	CCS	CCS	CCS	CCS	-	-
-	Connections	Connections	-	-	-	-	-	-	Connections	Connections
-	-	-	Cornucopia*	Cornucopia*	Cornucopia*	Cornucopia*	-	Cornucopia*	-	-
-	-	-	-	-	CS	-	CS	-	CS	-
-	-	CCLS	CCLS	-	CCLS	CCLS	-	CCLS	-	-
-	-	-	-	-	Dyer	-	Dyer	Dyer	-	-
-	Ease OM*	Ease OM*	-	-	-	-	-	-	-	-
-	Edgewood	-	-	-	Edgewood	-	Edgewood	-	Edgewood	Edgewood
-	-	Elite	Elite	-	Elite	Elite	Elite	Elite	-	-
-	-	-	-	ERI	ERI	ERI	-	-	-	-
-	-	-	-	-	Essence	-	Essence	Essence	-	-
-	FSM	-	-	-	FSM	FSM	FSM	FSM	FSM	-
Focus	-	Focus	Focus	-	Focus	Focus	Focus	Focus	Focus	Focus
-	Forward*	-	-	-	Forward*	-	Forward*	Forward*	Forward*	Forward*

**Indicates that this agency only serves either Children or Adults*

Service Facilitation	Diagnostic Evaluations	Medication Management	Physical Health Monitoring	Peer Support	Individual Skill Development/E nhancement	Employment Skill Development	Individual/ Family Psycho-education	Wellness Manage-ment	Psycho-therapy	Substance Abuse Treatment
-	-	-	-	-	FLYY	FLYY	FLYY	FLYY	FLYY	-
-	-	-	-	-	FCC	-	FCC	FCC	FCC	-
-	-	-	-	-	Geraldine	-	Geraldine	-	Geraldine	-
-	-	-	-	-	-	-	Ginko	-	Ginko	-
-	-	-	-	-	GSSS	GSSS	GSSS	GSSS	-	GSSS
-	-	-	-	-	Hancock	-	Hancock	-	Hancock	-
-	-	-	-	-	-	-	Harmonia	-	Harmonia	-
HM	HM	HM	HM	-	HM	HM	HM	HM	HM	HM
-	-	HHO*	HHO*	-	HHO*	HHO*	HHO*	HHO*	HHO*	HHO*
HHS	-	HHS	HHS	-	HHS	HHS	HHS	HHS	-	HHS
-	-	-	-	-	HII	HII	HII	HII	-	-
-	-	-	-	-	Illuminess.	-	Illuminess.	-	Illuminess.	-
Insight*	Insight	-	Insight	-	Insight	-	Insight	Insight	Insight	Insight
-	-	IHS	IHS	-	-	-	-	IHS	-	-
JMHC	JMHC	JMHC	JMHC	JMHC	JMHC	JMHC	JMHC	JMHC	JMHC	JMHC
-	-	-	-	-	Justin W.	-	Justin W.	-	Justin W.	-
-	JATC	JATC	-	-	-	-	JATC	-	JATC	-
-	-	-	-	-	Kelly T.	-	Kelly T.	-	-	-
-	-	-	-	-	Kind Therapy	-	Kind Therapy	Kind Therapy	Kind Therapy	Kind Therapy
-	-	-	-	-	Life Mender	-	Life Mender	Life Mender	-	-
-	-	-	-	-	-	-	LWCS	-	LWCS	-
LSS	-	-	-	-	LSS	-	LSS	-	LSS	LSS
-	MNS	-	-	-	-	-	-	-	-	-
-	MPA	-	-	-	MPA	-	MPA	MPA	MPA	-
MPC	MPC	-	MPC	-	MPC	-	MPC	MPC	MPC	-
MTT	-	MTT	MTT	MTT	MTT	-	MTT	-	MTT	MTT
-	MFS	-	-	-	MFS	MFS	MFS	-	MFS	MFS
-	-	-	-	-	Mary W.	-	Mary W.	Mary W.	Mary W.	-
-	-	-	-	-	-	-	Moontree	Moontree	Moontree	Moontree
-	-	-	Nest	-	Nest	Nest	Nest	Nest	Nest	-
-	-	-	-	-	New Growth	New Growth	New Growth	New Growth	New Growth	New Growth
-	-	-	-	OTSC	OTSC	-	OTSC	OTSC	-	-

Service Facilitation	Diagnostic Evaluations	Medication Management	Physical Health Monitoring	Peer Support	Individual Skill Development/E nhancement	Employment Skill Development	Individual/ Family Psycho-education	Wellness Manage-ment	Psycho-therapy	Substance Abuse Treatment
-	ODCC	-	-	-	ODCC	-	ODCC	-	ODCC	ODCC
Orion*	-	-	-	-	Orion	-	Orion	-	Orion	-
-	Orchestra X	-	-	-	Orchestra X	Orchestra X	Orchestra X	Orchestra X	Orchestra X	-
Porchlight*	-	Porchlight	Porchlight	-	Porchlight	Porchlight	Porchlight	Porchlight	-	Porchlight
-	-	-	-	-	-	-	Rainbow	-	Rainbow	-
RISE WI	RISE WI	RISE WI	RISE WI	-	RISE WI	RISE WI	RISE WI	RISE WI	-	-
-	-	-	-	-	RISE Y&FS	RISE Y&FS	RISE Y&FS	-	RISE Y&FS	-
-	Samaritan	-	-	-	Samaritan	Samaritan	Samaritan	-	Samaritan	Samaritan
Sankofa	Sankofa	Sankofa	Sankofa	-	Sankofa	Sankofa	Sankofa	Sankofa	Sankofa	Sankofa
-	Schefft	-	-	-	Schefft	-	Schefft	Schefft	Schefft	-
Seasons	-	-	-	Seasons	Seasons	Seasons	Seasons	Seasons	Seasons	Seasons
Seeds	-	Seeds	Seeds	-	Seeds	Seeds	Seeds	Seeds	Seeds	Seeds
SOAR*	SOAR*	SOAR*	SOAR*	SOAR*	SOAR*	SOAR*	SOAR*	SOAR*	SOAR*	SOAR*
Soul	-	Soul	Soul	-	Soul	Soul	Soul	Soul	-	-
-	-	Stay Focused	-	-	Stay Focused	Stay Focused	Stay Focused	Stay Focused	-	-
-	-	-	-	-	Tawakal	Tawakal	-	-	-	-
Tellurian*	Tellurian*	Tellurian*	Tellurian*	-	Tellurian*	-	Tellurian*	Tellurian*	Tellurian*	Tellurian*
TPC	TPC	-	-	-	TPC	-	TPC	TPC	TPC	TPC
-	TRP	-	-	-	TRP	-	TRP	TRP	TRP	-
-	-	-	-	-	TWW	TWW	TWW	TWW	TWW	-
TAS	TAS	TAS	TAS	-	TAS	TAS	TAS	TAS	TAS	TAS
-	-	TM	-	-	TM	TM	-	-	-	-
Triquestrian	Triquestrian	-	-	-	Triquestrian	-	Triquestrian	Triquestrian	Triquestrian	Triquestrian
TRUE	TRUE	TRUE	TRUE	-	TRUE	TRUE	TRUE	TRUE	TRUE	TRUE
-	-	-	-	-	UW	-	UW	-	-	-

Ade Supports, Inc.

**2810 Crossroads Drive, Suite 4000
Madison, WI 53718**

Telephone: 608-209-8272

Fax: N/A

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 4-74

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

None listed at this time

Allies Mentoring LLC

931 Spaight Street Madison, WI 53703	Telephone: 857-334-0903 Fax: N/A Website: N/A
Services Provided: <ul style="list-style-type: none">• Medication Management (non-prescriber)• Physical Health Monitoring• Individual Skill Development & Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services	Ages Served: 4-49 Service Location: In the home or community-based setting Service Limitations: None identified
Service Description: <p>Our goal is to connect clients with caring adult role-models that are well equipped to support their well-being. -Positive and consistent adult role models that provide one-to-one adult support to increase social and interpersonal skills</p>	

Andrea Torres, MA, LPC, LLC

**406 N. Pinckney St.
Madison, WI 53703**

Telephone: 608-255-8838 x:9

Fax: 608-255-8837

Website: www.andreatorresmadison.com

Services Provided:

- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 18 - 85+

Service Location: In-office

Service Limitations: None listed

Service Description:

My work with individuals is grounded in compassion, collaboration, and creativity. Focus areas include: anxiety, depression, trauma, adapting to life transitions (including loss and grief), relationships and communication, attention deficit disorders, and connecting to one's inner self.

Anesis Center for Marriage & Family Therapy

**6409 Odana Road, Suite 14
Madison, WI 53719**

Telephone: 608-620-5773

Fax: N/A

Website: www.anesistherapycenter.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development & Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth - 64

Service Location: In the home, office, or community-based setting

Service Limitations: We do not specialize in treatment for autism or developmental disabilities.

Bilingual Services Available in: Spanish

Service Description:

Anesis (meaning a place of rest) Therapy:

Anesis Therapy specialized in depression, anxiety, trauma, substance abuse/recovery and family therapy. Anesis provides services for children, adolescents and adults. We believe in compassionate care with using evidence based practices with a systems approach.

Anesis Therapy's philosophy is rooted in systems therapy and uses Narrative Therapy, TFCBT (Trauma Focused Cognitive Behavioral Therapy) for children, ACT parenting, Motivational Interviewing, and cultural interventions. We believe in helping our client's identify their values and skills so they can effectively confront whatever problems they face. Anesis Therapy emphasizes participation of clients in the therapy process; understanding that individual clients are our best resource in helping to resolve inner and circumstantial conflicts. We believe that the person is not the problem, the problem is the problem.

<p>6000 Gisholt Drive, Suite 109 Madison, WI 53713</p>	<p>Telephone: 877-287-2441 Fax: 855-329-2681 Website: www.anufs.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Individual Skill Development & Enhancement • Individual and/or Family Psychoeducation 	<p>Ages Served: Birth - 74</p> <p>Service Location: In the home or community-based setting</p> <p>Service Limitations: None identified</p>
<p>Service Description:</p> <p>Parent coaching is an individualized service to help parents/caregivers understand, respond to, and improve behaviors of youth, based on needs identified in the youth/family's Plan of Care. This is provided on a one-on-one basis with the parent/caregiver. This service provides trauma-informed techniques using the Present Moment Parenting model to educate parents on the specific relationship between unwanted behavior and unexpressed feelings. Once those relationships are understood, parents learn how to approach the child in a way that heals him/her. Services can be provided to birth parents, grandparents, foster parents, kinship parents, other adults in the home, parents who are separate but parenting together, and extended family members</p> <p>Intensive Trauma Services (ITS) with Adults is a program that assists adults to heal from their grief, loss, and trauma that they experienced throughout their lifespan. The goal of ITS is to assist the client to work through what has happened to them to help them understand how this has impacted who they are today. The focus is to not shame or blame, but instead to clarify these life events to work on moving forward into a more positive, healthy future, full of healthy supports and connections. ITS is not therapy, but the healing work is therapeutic for the client.</p> <p>Intensive Trauma Services (ITS) with Youth is a program that assists youth to heal from their grief, loss, and trauma that they've experienced in their childhood. The goal of ITS is to assist the client to work through what has happened to them, clarify their life events, and help them understand that what has happened to them does not need to define who they will become in their future. The focus is to not shame or blame, but instead to clarify these life events to work on moving forward into a more positive, healthy future, full of healthy supports and connections. ITS is not therapy, but the healing work is therapeutic for the client.</p>	

<p>3566 Sargent St. Madison, WI 53714</p>	<p>Telephone: 608-445-6757 Fax: N/A Website: N/A</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Medication Management (non-prescriber) • Physical Health Monitoring • Individual Skill Development & Enhancement • Employment Related Skill Development 	<p>Ages Served: 13 - 49</p> <p>Service Location: In the home or community-based setting</p> <p>Service Limitations: I have worked with individuals with visual limitations in a vocational capacity but would not be qualified to do mobility training with this population and I do not read Braille.</p>
<p>Service Description:</p> <p>Anne Spires gained her passion and experience as a life skills and vocational instructor as Monona Grove’s Transition Coordinator/special education teacher for 5 years. Her case load included individuals with multiple barriers to accessing adult life and the community that ranged from cognitive disabilities to individuals with mental health issues. She then served 2 years as the Transition Coordinator for Fane County by providing short term case management for individuals entering Dane County long term services. In both capacities Anne worked with individuals and their teams to develop skills and structures as they build the life that her students/clients wanted for themselves. She looks forward to continuing this work with you.</p> <p>The following is a list of some, but not all, services available: Setting up or formalizing schedules & routines to support client’s work and life goals; Social skills/soft skills; Interest inventory and exploration; Job shadows; Utilizing checklists and alarms; Maintaining composure at work and in the community; Short-term job coaching & systematic instruction at job site; Setting up or formalizing schedules & routines; Daily living skills; Assessing public transportation; Schedule and appointment organization</p>	

Atlas Counseling LLC

**406 N. Pinckney St.
Madison, WI 53703**

Telephone: 608-535-9285
Fax: 608-255-8837
Website: www.atlasmadison.com

Services Provided:

- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 13 - 74

Service Location: In-office

Service Limitations: None identified

Service Description:

Located in downtown Madison, Atlas Counseling LLC is an outpatient psychotherapy practice providing individual and family psychotherapy. Atlas Counseling specializes in offering identity-affirming therapy for LGBTQA teens, young adults, and adults. Psychotherapy treatment approaches include trauma informed care, EMDR, clinical hypnosis, and relationship-focused healing. At Atlas Counseling, we offer space and treatment to heal from the past so you can have the life you want in the future.

Attain Work Services

501 Burdette Court Madison, WI 53713	Telephone: 608-234-8705 Fax: N/A Website: N/A
Services Provided: <ul style="list-style-type: none">• Individual Skill Development & Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services	Ages Served: 13 - 69 Service Location: In the home, office, or community-based setting Service Limitations: None identified
Service Description: <p>We are an agency that promotes quality of life and vocational services to help you accomplish your goals. Whether you are just entering the world of work, currently working, or have been out in the workforce for some time, we can help you with the supports you need to learn about yourself and to learn about having a job. If you aren't sure you want to work, we can help you figure that out.</p> <p>We can teach you helpful life skills. We can help you figure out what kind of work you want to do and what you would be good at.</p> <p>Attain Work Services has a license professional counselor on staff with many years experience. Sometimes it's helpful to talk things over with someone. We will pay attention to you and what you want to accomplish.</p> <p>If you've thought about going to DVR (Division of Vocational Services), we have a lot of experience helping people through that process. We can also advocate for you to get the services you need.</p> <p>Please contact Constance Tenhawks at 608-234-8705 for more information.</p>	

Avail Therapeutic Services

**6314 Odana Road, Suite 22
Madison, WI 53719**

Telephone: 608-504-7869
Fax: N/A
Website: www.availmadison.com

Services Provided:

- Individual Skill Development & Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13 - 85+

Service Location: In the home, office, or community-based setting

Service Limitations: None identified

Service Description:

Avail Therapeutic Services is owned and operated by Sellers Bell, LCSW. Sellers is experienced working with individuals with a high level of need resulting from co-occurring conditions, including severe and persistent mental illnesses, personality disorders, substance use disorders, and intellectual disabilities. Sellers is able to collaborate with clients and treatment teams to help clients meet their individual goals despite a variety of barriers, including significant functional limitations, behaviors that interfere with therapy, suicidal behavior, non-suicidal self-injury, and dysfunctional living environments. Sellers is accustomed to working with clients in homes and other community-based settings when this is needed to accomplish established goals, such as development of functional skills or the treatment of hoarding behavior. Examples of living skills Sellers is experienced with helping clients develop are skills needed for cleaning, cooking, budgeting, shopping, using public transportation, and accessing needed medical services. Seller's approach to psychotherapy is guided chiefly by Cognitive Behavioral Therapy (CBT). One of the specific treatments Sellers is experienced with within the mode of CBT is Dialectical Behavior Therapy (DBT). Due to only offering 2 of the 4 modes of DBT at this time (individual psychotherapy and skills training), Sellers is able to offer DBT-informed treatment with indicated, but not full-model DBT. All of Seller's work with patients and teams is based on a person-centered, strengths-based approach.

<p>429 Gammon Place, Suite 200 Madison, WI 53719</p>	<p>Telephone: 608-620-3880 Fax: 608-821-0938 Website: www.RecreateYourLifestyle.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Individual Skill Development & Enhancement • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 13 - 85+</p> <p>Service Location: In office (2 locations): 429 Gammon Place, Suite 200, Madison 7475 Mineral Point Road, Madison</p> <p>Service Limitations: Unable to serve those who are currently suicidal</p>
<p>Service Description:</p> <p>We believe fitness instruction plays a significant role in the lives of those who wish to manage symptoms of anxiety, depression, or other mood disorders, get and stay in shape, or even recover from addiction.</p> <p>Our program includes:</p> <ul style="list-style-type: none"> • A deeper level of support. At BMF, your personal trainer is also a mental health therapist. Jessica’s training in marriage and family therapy is reflected in her unique, whole-body approach designed to teach you the skills needed to be both physically and mentally fit. • Individualized workout plans based upon your wellness management and/or fitness goals, your mental health diagnosis, and your physical health status. • A FREE local gym membership you can use 24-7 that includes hydro-massage tables. • Psycho-education on topics related to: self-care, lifestyle change and maintenance, the mind-body connection, physical and mental fitness, stress management, women's issues, skill building, disease management and prevention. • Nutritional guidance, meal and menu planning support, grocery shopping assistance, recipes, help using fitness apps, as well as other life skill training. <p>It’s okay if you don’t see quite what you’re looking for listed above. We work with many different types of people, and we know every person has a unique set of life experiences. We encourage you to reach out so that we can help you determine if our program is a good fit for you.</p>	

Children's Service Society of Wisconsin (CSSW)

**1716 Fordem Ave.
Madison, WI 53704**

Telephone: 608-221-3511

Fax: 608-221-3514

Website: www.chw.org

Services Provided:

- Diagnostic Evaluations
- Medication Management (prescriber services)
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: Prenatal - 21

Service Location: In office

Service Limitations: None identified

Service Description:

Children's Service Society Child and Family Counseling is an outpatient provider offering psychotherapy services to children ages 0-18 and parents who are impacted by mental health concerns. CSSW Madison provides medication management services to clients who receive individual and family therapy services at the clinic. CSSW Madison currently has three psychotherapists on staff and a psychiatrist who contracts to provide medication management services on site twice per month. There is at times a short wait list for psychotherapy and medication management services. All of our therapists have extensive experience working with trauma, depression, anxiety, ADHD and emotional behavioral disturbance in children and adolescents. CSSW currently has therapists on staff who have certification in TF-CBT, play therapy, grief and loss counseling, DBT and EMDR.

Children's Therapy Network (CTN)

**639 Struck Street
Madison, WI 53719**

Telephone: 608-234-5990
Fax: 608-819-6825
Website: www.ctn-madison.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: Birth - 17

Service Location: In the home, office, or community-based setting.

Service Limitations: Our specialty is sensory related and regulation issues that often co-exist amongst mental health concerns through family focused treatment. Parents must be able to attend and participate in sessions.

Service Description:

Children's Therapy Network is a pediatric therapy clinic specializing in the treatment of children with Sensory Processing Disorders, Autism Spectrum Disorders, Behavioral and Social Difficulties, Developmental Delay, and Feeding and Eating concerns. In addition to serving children with identified needs, we also help families and community providers support children who may just be struggling to successfully get through their day. We believe that children are best supported in the context of their family and community. This belief is reflected in our therapeutic and training sessions. When children come to us, more often than not we invite the parents and/or siblings into the therapy sessions with us. We work to balance therapeutic intervention aimed at the child with training and support for the families. We feel that by developing close, trusting relationships, not only with the children that we serve, but also with the parents and caregivers, we are able to effect more change in our therapeutic intervention. Our goal is that the family is able to leave our relationship with a greater understanding of their child and the tools and advocacy skills needed to support their child.

1342 Dewey Court Madison, WI 53703	Telephone: 608-256-3102 Fax: 608-256-3103 Website: www.workwithchrysalis.org
Services Provided: <ul style="list-style-type: none">• Peer Support• Employment Related Skill Development	Ages Served: 13-85+ Service Location: In the home, office, or community-based setting. Service Limitations: Peer Support services are targeted at consumers who have a vocational goal or who would be interested in exploring vocational goals.
Service Description: <p>Chrysalis believes that every person with a serious mental illness is capable of working competitively in the community with the right job and work environment. Chrysalis services follow Dartmouth’s model of evidence-based supported employment. The goal is to help consumers find and maintain competitive, community-based employment that matches their individual skills, interests, and abilities.</p> <p>The peer specialist movement embodies Chrysalis’ strengths-based perspective. Peer supports give persons with mental illnesses the opportunity to use their unique set of recovery experience in combination with solid skills training to support peers who have mental illness. Peer Specialists perform a wide range of tasks to assist consumers in regaining control over their lives and their own recovery process while functioning as role models demonstrating techniques in recovery and in ongoing coping skills.</p>	

Common Threads Family Resource Center (CTFRC)

<p>5979 Sigglekow Road McFarland, WI 53558</p>	<p>Telephone: 608-838-8999 Fax: 608-838-8988 Website: www.commonthreadsmadison.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • SERVICE FACILITATION (assessment/planning) • Diagnostic Evaluations • Individual Skill Development and Enhancement • Employment Related Skill Development • Individual and/or Family Psychoeducation • Psychotherapy 	<p>Ages Served: 4-26</p> <p>Service Location: In the home, office, or community-based setting. Office Locations: 5979 Sigglekow Road, McFarland 4800 Ivywood Trail, McFarland</p> <p>Service Limitations: We specialize in sensory, regulation and interoception issues that often co-occur with mental health concerns. However, we serve individuals with a wide-variety of mental health challenges and behavioral disorders beyond this. We cannot serve clients with serious sexual offenses or violent felonies</p>
<p>Service Description: Common Threads Family Resource Center, located minutes from Madison, WI, is both a state licensed mental health clinic with occupational and speech therapy, and a non-traditional school program. both programs are geared towards individuals with affected by mental health challenges, behavioral disorders, sensory processing challenges and autism. Our experienced and talented team of professionals creates a daily environment of acceptance and growth where students and clients flourish. The multidisciplinary team includes top professionals from multiple treatment, development, and educational areas to ensure we provide the most appropriate and forward-thinking services for every individual client. We believe in every individual that walks through our door and embrace all families who seek out our center. Working collaboratively, we are far stronger. It is our privilege to be of service.</p> <p>Our Core Values:</p> <ul style="list-style-type: none"> • Believing in the potential of each client we serve • Being devoted to success • Honoring our client's strengths • Valuing relationship • Meeting our clients where they are at 	

Community Care Programs, Inc. (CCP)

**6716 Stone Glen Drive
Middleton, WI 53562**

Telephone: 608-827-7100

Fax: 608-827-7101

Website: www.communitycareresources.com

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-21

Service Location: In office

Service Limitations: Child and adolescent specialty clinic. Age limit that we serve is 21.

Service Description:

We are a child and adolescent specialty clinic providing there unique services: AODA, Trauma-Focused Cognitive Behavior Therapy, Adolescent Sexual Offender work and Psychosexual assessments, Family Reunification, Dialectical Behavioral Therapy, and Psychological Evaluations.

Community Counseling Center of Madison, WI, Inc. (CCC)

**6629 University Ave. Suite 209
Middleton, WI 53562**

Telephone: 608-833-5880

Fax: 608-829-3787

Website: www.communitycounselingmadison.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13-74

Service Location: In home, office, or community-based setting.

Service Limitations: Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs.

Service Description:

The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975.

Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.

Compassionate Care Services, LLC (CCS)

745 Matts Drive Verona, WI 53593	Telephone: 608-630-0805 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services	Ages Served: 13-85+ Service Location: In the home or community Service Limitations: None listed
Service Description: <ul style="list-style-type: none">• Performs job development, search, placement and coaching efforts for individuals with varying psychiatric disabilities, as well as coaching on site• Handles one to one counseling efforts and job search strategies for all age groups• Performs Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and Family Psychoeducation• Wellness Management and Recovery• Special interest: teach stress reduction and breathwork techniques to better ensure progress leading toward vocational pursuits, in pre-vocational phase and in the retention phase of the job search to enable stability and flow• IPS model of recovery- over 10 years of experience working with Dartmouth based research studies in job placement pursuits at Threshold Rehab in Chicago and Denver Mental Health	

Connections Counseling LLC

**5005 University Ave. Suite 100
Madison, WI 53705**

Telephone: 608-233-2100

Fax: 608-233-2101

Website: www.connectionsounseling.com

Services Provided:

- Diagnostic Evaluations
- Medication Management (prescriber and non-prescriber)
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13-74

Service Location: In office

Service Limitations: Prefer to avoid patients younger than 13 years old.

Service Description:

- AODA and mental health outpatient counseling
- Individual and group psychotherapy
- Addiction medicine and psychiatry
- Adult and adolescent intensive outpatient programs (IOP)- 3 hours per day, 3 days per week
- Dielectric Behavioral Training (DBT) for both adolescents and adults

<p>2 S. Ingersoll St. Madison, WI 53703</p>	<p>Telephone: 608-249-7477 / 608-906-6692 (referrals) Fax: n/a Website: http://www.copiarts.org/</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Peer Support • Individual Skill Development and Enhancement • Employment Related Skill Development • Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 18+</p> <p>Service Location: In the home, office, or community-based setting</p> <p>Service Limitations: Cornucopia does not provide personal assistance/attendants for participants. A person with personal support needs must be accompanied by someone who can provide this. Bilingual Services Available in: Spanish, Hindi, Punjabi</p>
<p>Service Description:</p> <p>Cornucopia Peer Support means that while we don't try to do things for you (provide rides or errands, get to appointments, do shopping etc), a Peer Support Specialist will spend time with you, perhaps taking a walk, just listening, not always talking. A Peer Specialist can help you express yourself, or remember and keep track of things.</p> <p>A peer does not treat anything. They create a relationship and establish trust. They get close, care and feel pain. They learn about you and your strengths, help you find strength in yourself and your own direction. They will not tell you what to do. They are role models in their own recovery. They have experienced similar challenges. They have reason to share hope for recovery. They work along with your therapist and other supporters. They can help you to reduce "symptoms" and hospitalization, increase community participation, improve self esteem. Developing personal skills for daily life and employment/career are also key to a better life. These are also our focus.</p> <p>For these areas of support, five Peer Support Specialists and a Rehabilitation Psychologist are available directly through Cornucopia. We also facilitate services with the entire Dane county network. If you feel that our central location and style/philosophy are comfortable for you, we will help you gather a support team and choose the services and supports for the direction you choose.</p> <p>Our administrative staff have been committed to Cornucopia for twenty years. As peers in recovery, they appreciate the priorities of everyone who seeks mutual support. Our service director and practitioners share our philosophy of working with each person's talents and dignity.</p>	

Counseling Solutions (CS)

313 Price Place, Suite 104 Madison, WI 53705	Telephone: 608-843-3428 Fax: n/a Website: http://www.counselingsolutionsmadison.com/
Services Provided: <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Psychotherapy	Ages Served: 4-69 Service Location: In the home, office, or community-based setting Service Limitations: Our building is not wheelchair accessible, but arrangements can be made to meet in a location that is.
Service Description: <p>I utilize a client-centered, solution-focused and supportive approach. My expertise includes adolescents, adults and families. I make HeartMath a part of the healing process if helpful. I have been in private practice for 22 years in Madison. When necessary, I am happy to provide in-home treatment.</p>	

Creative Community Living Solutions Inc.

**1955 West Broadway, Suite 105
Madison, WI 53713**

Telephone: 608-843-7954

Fax: 608-222-2438

Website: www.cclswi.com

Services Provided:

- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skills Development and Enhancement
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 18-85+

Service Location: In the home or community-based setting

Service Limitations: None listed.

Service Description:

The Mission of CCLS is to establish and provide individualized supports. These supports will preserve and enhance the dignity and rights of those who must rely on others as they seek their own level of independence.

Our Philosophy: We believe that every person is a valuable human being, and therefore will be treated with respect and dignity. We believe that there is dignity in risk, and that risks must be taken to grow beyond the safety of preconceived limitations. We believe that all people deserve to live in and be a part of the community. We believe that the physical environment of a community program reflects the dignity and worth of the individuals who live and work there, and therefore must be well maintained. We believe that all people deserve the right to choose, guide, and/or direct the way they live.

Dyer Multisensory Approach LLC

3602 Atwood Avenue Madison, WI 53714	Telephone: 608-213-2814 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services	Ages Served: 4-21 Service Location: In office Service Limitations: None identified
Service Description: I provide HeartMath and sensory counseling in the context of a sensory home.	

Ease-of-Mind, LLC

128 E. Olin Ave. Suite 201, Room 47 Madison, WI 53713	Telephone: 608-358-9748 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Diagnostic Evaluations• Medication Management (prescriber services)	Ages Served: 18+ Service Location: In office Service Limitations: None identified
Service Description: Medication evaluation and management for adults on (18 years plus).	

Edgewood College, The Family Center

<p>8025 Excelsior Drive, Suite 100 Madison, WI 53717</p>	<p>Telephone: 608-663-6154 Fax: 608-664-9854 Website: www.thefamilycenter.info</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Diagnostic Evaluations • Individual Skill Development and Enhancement • Individual and/or Family Psychoeducation • Psychotherapy • Substance Abuse Treatment 	<p>Ages Served: Birth-85+</p> <p>Service Location: In office</p> <p>Service Limitations: None identified</p>
<p>Service Description:</p> <p>Mission The Family Center is a community based, affordable, state certified outpatient mental health clinic and a training center for Edgewood College's Marriage and Family Therapy Graduate program. We provide psychotherapy services for individuals, couples and families. Our mission is to support the growth, transformation and overall wellness of our clients, staff and the community within which we serve.</p> <p>Values Truth: We support the search for personal truth as a meaningful process. Compassion: We provide client care with compassion, mindfulness and non-judgment. Justice: We strive to empower disenfranchised populations. Partnership: We believe quality service is enhanced through partnerships. Community: We work together for the common good with dedication to service.</p> <p>Vision We impact the community by providing affordable, high quality mental health care and by training students for ethical leadership in our field. We treasure diversity and build community through a commitment to inclusion We facilitate student learning with a strength based model in order to support futures of meaningful services.</p>	

Elite Cognition, LLC

**6117 Monona Dr. Suite 3
Monona, WI 53716**

Telephone: 608-286-1132

Fax: 608-440-2954

Website: n/a

Services Provided:

- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 4-85+

Service Location: In the home, office, or community setting

Service Limitations: None identified

Service Description:

Elite Cognition specializes in working with children, adults and community members to provide a safe environment that fosters mental, emotional, and social rehabilitation.

Employment Resources, Inc. (ERI)

2701 International Lane #210 Madison, WI 53704	Telephone: 608-906-2725 Fax: 608-246-3445 Website: www.eri-wi.org
Services Provided: <ul style="list-style-type: none">• Peer Support• Individual Skill Development and Enhancement• Employment Related Skill Development	Ages Served: 13-69 Service Location: In the home, office, or community setting Service Limitations: None identified
Service Description: <p>Peer support services will focus on providing support/guidance/assistance in navigating the employment service system (DVR/ DVR service vendors, Dane County Job Center, etc.). Support may include attending DVR meetings, helping to explain processes and timelines, and support connecting with employment service providers.</p> <p>Employment counseling services help consumers identify employment strengths and limitations, define job goals, guide the job search, and provide training and counseling on key skills needed to get and keep a job.</p> <p>Our job seeker's group offers support/encouragement/guidance around the job search process. Members of the group will have an opportunity to share experiences, tips, ideas, mutual support. Group facilitator will offer practical guidance on applications, interviews, and job search strategies.</p> <p>We also provide Disability Benefit Application Assistance, which involves assistance in applying for disability benefits (Social Security's SSDI and SSI programs, disability Medicaid programs, FoodShare, low income housing, energy assistance). This service will assist participants with education of the processes and agencies involved, supporting the application process, providing prompts and timelines.</p>	

<p>2800 Royal Ave. Suite 210 Monona, WI 53713</p>	<p>Telephone: 608-628-3312 Fax: n/a Website: www.essencerealized.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services	<p>Ages Served: 4-49</p> <p>Service Location: In the home, office, or community-based setting</p> <p>Service Limitations: None identified</p>
<p>Service Description:</p> <p>Essence Realized, LLC provides community support for families and children dealing with emotional, behavioral and mental health challenges. Individual plans are created using a strength based perspectives. Our rehabilitation techniques and approaches are as unique as the individual.</p> <p>We will teach new skills to improve; relationships, emotional regulation, communication, problem solving & tolerance. As an important team member we help clients to appropriately handle the feelings, behaviors and emotions that they experience.</p> <p>Jenn Czecholinski is a Certified Social Worker with experience assisting youth and young adults with transitions. She has success in working with people transitioning from an institution to community as well as between foster homes or new and existing environments. She will stay with an individual across life experiences to work on the client driven rehabilitation plan. She will start where the client is at and find where they CAN be successful and then build on that foundation in order to promote growth</p>	

Family Service Madison, Inc. (FSM)

**128 E. Olin Ave. Suite 100
Madison, WI 53713**

Telephone: 608-252-1320

Fax: 608-252-1333

Website: www.fsmad.org

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/ Recovery Support Services
- Psychotherapy

Ages Served: Birth-85+

Service Location: In the home, office, or community-based setting

Service Limitations: Rule out severe Alzheimer's disease or related dementia. Rule out primary alcohol or other drug primary treatment

Service Description:

Counseling and psychotherapy services to help people create change by providing mental health assessment and treatment services in a culturally sensitive manner.

**2445 Darwin Road, Suite 101
Madison, WI 53704**

Telephone: 608-405-2055

Fax: n/a

Website: n/a

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: We do not provide prescriber services

Bilingual Services Available in: Spanish and Gujarati

Service Description:

Service Facilitation and case management services designed to promote immediate client engagement and development of dedicated recovery team.

One-to-one and group counseling for treatment of mental health and substance abuse disorders with emphasis on culturally competent service delivery.

Employment training and support staff works one-to-one with clients to develop and enhance employment skills in preparation for on-the-job training opportunities designed to result in direct employment opportunities.

Counseling staff, with support from peer specialists and case management staff, work with clients toward enhancement of individual life skills including (but not limited to) improved hygiene and personal care, increased opportunities for stable housing, and increased social skills.

Forward Counseling and Consultation, LLC

**6320 Monona Drive, Suite 415
Monona, WI 53716**

Telephone: 608-455-6070

Fax: N/A

Website: www.forward-counseling.com

Services Provided:

- Diagnostic Evaluations
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 18+

Service Location: In office

Service Limitations: None listed

Service Description:

Forward Counseling and Consultation's vision is to provide culturally competent, holistic, and wellness focused services that promote an individual's social-emotional wellbeing, decrease and/or prevent development of mental health challenges, and address social-emotional problems that currently exist. We will do this by using evidence-based strategies in our services; by supporting staff training and wellbeing; by implementing effective mental health consultation to individuals, families, and staff; by facilitating mental health services for individuals who need them; and by continuing to strive for excellence in supporting mental health for all individuals in our community.

Forward's clinical staff is dually licensed to address mental health and substance use disorders with over 15 years of experience. Staff has experience in crisis intervention, case management, and individual and group therapy within community agencies that address mental health issues.

Staff has advanced training in trauma and is skilled at addressing a wide range of diagnoses and issues including: anxiety and mood disorders, psychosis, attachment and complex trauma in combination with substance use disorders, grief and loss, interpersonal conflicts, homelessness, domestic violence, loss of independence and adjustment difficulties.

Forward staff will tailor the treatment approach to each client by using a variety of methods including: cognitive behavioral therapy, behavioral activation, mindfulness, solution-focused, strengths-based motivational interviewing, prolonged exposure and eye movement desensitization and reprocessing (EMDR).

Forward Learning Youth and Young Adults (FLYY)

**2940 Chapel Valley Road
Fitchburg, WI 53711**

Telephone: 608-819-6390

Fax: 608-819-6390

Website: www.flyyexpeditions.org

Services Provided:

- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 13-59

Service Location: In the home, office, or community-based setting

Service Limitations: We are not able to serve clients with serious violent sexual charges, actively psychotic, or in need of detox services.

Service Description:

At FLYY we work with teens and young adults by teaching them the skills they need to be able to plan for their future or to eventually live on their own. From cooking, cleaning, organizing and budgeting skills, to increasing their exposure to the Madison community by becoming more familiar with its parks, libraries, public transportation--FLYY does it all. Our services give young people the skills and supports they need to master mental health challenges and reduce the negative impact these challenges can have on daily lives.

FLYY's skill development and therapy services are geared towards providing young people experiential learning within their communities to improve their likelihood of success as they develop. FLYY also works with youth that are having troubles managing their emotions and behaviors by teaching them to understand and identify their triggers, manage their anger, stress, anxiety or sadness and by modeling healthy and appropriate behaviors. Additionally, FLYY staff also work with youth on developing and implementing new coping skills, emotional regulation, problem solving, social skills and distress tolerance. We specialize in working with youth and young adults who may not respond well to traditional therapeutic services.

In addition to supporting youth and young adults of our community, FLYY also works with parents by offering various programs to support and teach as well as family therapy services and mediation. FLYY serves youth and young adults ages 10-35.

Foundations Counseling Center, Inc. (FCC)

**619 River St.
Belleville, WI 53508**

Telephone: 608-424-9100

Fax: 608-424-9099

Website: www.foundationscc.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

Foundations Counseling Center provides intensive in-home therapy services for children and adults. We have Trauma Focused-Cognitive Behavioral Therapy trained clinicians and DBT trained clinicians. We specialize in serving youth with severe emotional disturbances, older/disabled adults, in addition to traditional outpatient therapy in the office. We also provide therapeutic mentoring to adults and children.

Geraldine Veneman, LLC

**313 Price Place #104
Madison, WI 53705**

Telephone: 608-219-2949

Fax: n/a

Website: www.venemancounseling.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Bilingual Services Available in: Dutch and German

Service Description:

Geraldine Veneman is a Licensed Clinical Social Worker and has extensive experience working in the Mental Health field with a variety of Mental Health Disorders, including gender confusion, depression and anxiety, grief, Play-therapy and works with children, teens, couples and families. Geraldine promotes self-care and mindfulness and uses a variety of therapeutic strategies to help a client reach their goal(s). She is an expert on recognizing and helping change communication patterns. In addition to providing individual and group therapy, she also runs a Postpartum Depression Group for women. Same week appointments available.

Ginko Counseling Services, LLC

**401 Wisconsin Ave. Suite 1
Madison, WI 53703**

Telephone: 608-658-3872

Fax: 608-256-5116

Website: n/a

Services Provided:

- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-74

Service Location: In office

Service Limitations: None listed

Service Description:

I provide effective counseling for individuals (adults, youth & children) and families (in-home is available), ages 5-75 with any mental health challenges. I enjoy working with people of diverse backgrounds and stories and see every client as a mosaic (not just a diagnosis). We work together to put the pieces together to understand the unique work of art that is you and your life and find a way forward. I'm certified in DBT, and practice CBT, expressive, play, narrative and other modalities to suit people's needs. Call to set up a consultation to see if we are a match to help you and/ or your loved ones on a healing pat.

Great Steed Social Services LLC (GSSS)

1624 Fordem Ave. Unit 303 Madison, WI 53704	Telephone: 608-422-4824 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Substance Abuse Treatment	Ages Served: Birth-85+ Service Location: In the home or community-based setting Service Limitations: None listed Bilingual Services Available in: Spanish, Hindi, Urdu, Russian, Bulgarian, and American Sign Language
Service Description: <p>Great Steed has a small, dedicated team that specializes in skill building and wellness management.</p> <p>Our Support Specialists help adolescents and adults develop:</p> <ul style="list-style-type: none">• Problem solving and life-planning strategies• Social skills• Emotional regulation skills and impulse control <p>All members of our multilingual team have lived overseas and exhibit sensitivity to issues of cultural diversity. Our flexible and fun group will be excited to learn from you and to help you achieve your recovery goals.</p>	

Hancock Center for Dance/Movement Therapy, Inc.

**16 North Hancock St.
Madison, WI 53703**

Telephone: 608-251-0908

Fax: 608-251-0939

Website: www.hancockcenter.net

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: Birth-85+

Service Location: In the home, office, or community-based setting

Service Limitations: No bi-lingual staff available. No 24-hour phone or crisis services available

Service Description:

Dance/Movement Therapy (DMT) is an innovative form of psychotherapy grounded in the mind-body connection and in the power of movement as communication. Dance/Movement Therapy works with the whole person integrating movement, creative process, and verbal communication. It has the potential to access emotions and issues that may be inaccessible in verbal therapy. In DMT, movement is used as a vehicle for self-expression, insight, and behavioral change in an affirming, non-judgmental environment. It is an effective treatment for people with psychological, social, developmental, neurological, and physical challenges.

Harmonia: Madison Center for Psychotherapy, LLC

**406 N. Pickney St.
Madison, WI 53703**

Telephone: 608-255-8838

Fax: 608-255-8837

Website: www.harmonia-madison.com

Services Provided:

- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: No wheelchair access available

Service Description:

Harmonia: Madison Center for Psychotherapy offers individual, couple, child & family counseling. We are an outpatient mental health clinic providing a wide range of services.

Therapy modalities include: Cognitive-Behavioral, Psychosynthesis, Psychodynamics, Gestalt, Family Systems, Feminist Therapy, Mindfulness. Common issues clients work on include: anxiety, depression, bipolar, PTSD, OCD, communication & conflict resolution, ADHD/ADD strategy development, self-esteem, stress management, anger management, domestic abuse, women's issues, physical disabilities, pre- and post-marriage counseling, step-parenting, adolescent counseling, care for the caretaker, parenting, blended families, LGBT concerns, sexual identity, sex therapy, spiritual psychotherapy including meditation instruction, spiritual & growth directions, flower essences, essential oils, life transitions including grief & loss, PhD completion support, divorce, aging, job loss, retirement issues, chronic health problems, death and dying.

We have made it our mission to provide the highest quality of counseling and psychotherapy. Our staff members are all licensed professionals with extensive experience and training in a wide variety of approaches to these healing arts.

HealthyMinds, LLC (HM)

**6510 Grand Teton Plaza, Suite 402
Madison, WI 53719**

Telephone: 608-239-8807

Fax: 608-841-1200

Website: www.healthymindsllc.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber and non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

General mental health services include: individual/couples/ family therapy, life coaching, divorce mediation, and alternative dispute resolution. In home family therapy services are also offered through our clinic

Heartland Health Outreach (HHO)

<p>4750 N. Sheridan Rd. Suite 500 Chicago, IL 60640</p>	<p>Telephone: 312-961-6194 Fax: 773-751-4174 Website: www.heartlandhealthoutreach.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Medication Management (non-prescriber) • Physical Health Monitoring • Individual Skill Development and Enhancement • Employment Related Skill Development • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services • Psychotherapy • Substance Abuse Treatment 	<p>Ages Served: 18-85+</p> <p>Service Location: In the home, office, or community-based setting Rethke locations- 715 Rethke Ave. Madison, WI</p> <p>Service Limitations: We can only serve people with low-income (below 60% of AMI). We also cannot serve people with specific criminal backgrounds such as sexual offenses, arson, and violent felonies – per building compliance. We can only serve people who are 18 or older.</p>
<p>Service Description:</p> <p>Rethke Terrace is a 60-unit residential supportive permanent housing program that serves single adults (veterans and chronically homeless). Supportive services are provided by Heartland Health Outreach and are designed for current residents of the building. Program staff will be available on-site six days a week (Monday – Saturday). Rethke Terrace offers residents an independent, safe environment with on-site supportive services designed to assist residents in achieving long-term housing stability and to promote personal growth and well-being. Individual and group services that will be provided are: Linkage to psychiatric care, Linkage to primary care , On-site representative ,payee services,, Substance use services, Life skills groups , Financial literacy , Counseling/Therapy, Linkage and assistance with completing benefits applications, Linkage and assistance with employment and vocational services, Advocacy, Linkage to other services as needed</p>	

Horizon High School (HHS)

PO Box 45045 Madison, WI 53744	Telephone: 608-442-0935 Fax: 608-442-0935 Website: www.horizonhs.org
Services Provided: <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Medication Management (non-prescriber)• Physical Health Monitoring• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Substance Abuse Treatment	Ages Served: 13-21 Service Location: In office or in the community Office Location: 5003 University Ave. #185 Madison, WI 53705 Service Limitations: Not wheelchair accessible
Service Description: <p>Horizon High School is a recovery high school. This means our environment and curriculum are structured to provide a safe and sober learning atmosphere for students in recover from drug or alcohol abuse. The classroom setting is small, in order to promote an individualized curriculum and to allow for students' needs. Horizon High School's guideline for enrollment is to maintain a staff to student ratio of five to one. Our student population varies and is usually between 6-14 students. Although the program is targeted at teens in recovery, anyone that needs an alternative to a traditional high school setting is welcome. Horizon does NOT limit enrollment only to students in recovery. To maintain an engaging and educational atmosphere, Horizon High School incorporates guest speakers, life skills education, physical education and field trips. Generally, an outing is planned every week to engage students in their community. Students are encouraged to participate in a variety of activities, both at school and after school, in order to help them maintain their recovery and develop into well-rounded community members. Since Horizon's creation, over 80 young people have attended. Today many of these former students are enrolled in colleges and universities, in the military, or working as contributing members of our community. The mission of Horizon High School is to provide a school that fosters emotional, social and academic growth for students who want to learn in an alcohol-free, drug-free environment. Students will actively assume responsibility.</p>	

Housing Initiatives, Inc. (HII)

**1110 Ruskin Ave.
Madison, WI 53704**

Telephone: 608-277-8330
Fax: 608-277-1726
Website: www.housinginitiatives.org

Services Provided:

- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: Birth-85+

Service Location: In the home, office, or community-based setting

Service Limitations: HHI serves clients who have been identified as chronically homeless and prioritized at the top of the Dane County Service Prioritizations list. In addition, HII serves only clients with a diagnosed severe mental illness. The CCS provider would offer services only to clients of HII

Bilingual Services Available in: Spanish

Service Description:

The mental health provider will offer an array of recovery-based services to Housing Initiatives clients, including wellness management and recovery, individual and family psychoeducation, and individual skill development and enhancement as needed.

Illuminessence, LLC

**2129 East Washington Ave. #1
Madison, WI 53704**

Telephone: 608-345-0545

Fax: N/A

Website: www.alibrookstherapy.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

Illuminessence, LLC specializes in providing trauma-informed, compassionate, client-centered psychotherapeutic interventions for adults and teens experiencing depression, anxiety, trauma, mood disorders, and other life challenges.

Ali Brooks, LCSW uses a variety of therapeutic tools to assist clients in healing from trauma, clearing emotional blockages and reaching towards their fullest potential.

Interventions include:

- Guided meditation and visualization for anxiety reduction, relaxation and increased connection with the body and emotions;
- Strengths based psychotherapeutic techniques including CBT, DBT, inner parts work, and solution focused interventions;
- Mindfulness training;
- Artistic and expressive therapeutic interventions

Insight Counseling & Wellness, LLC

**2002 Atwood Ave. Suite 217
Madison, WI 53704**

Telephone: 608-244-4859
Fax: 608-244-6809
Website: www.insightmadison.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-84

Service Location: In the home, office, or community-based setting

Service Limitations: Not wheelchair accessible

Bilingual Services Available in: French

Service Description:

At Insight, we offer holistic psychotherapy, which means that we consider wellness of each person's mind, body and spirit. We offer individualized attention and cater our services to the unique needs of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing). Our therapists are master's level professionals in either counseling or marriage and family therapy.

Integral Health Solutions LLC

**429 Gammon Place, Suite 200
Madison, WI 53719**

Telephone: 815-985-7283

Fax: 815-623-7271

Website: www.integralhealthsolutionswi.com

Services Provided:

- Medication Management (non-prescriber)
- Physical Health Monitoring
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 13-64

Service Location: In the office

Service Limitations: None listed

Service Description:

Integral Health Solutions provides comprehensive holistic health coaching and lifestyle medicine services to help treat chronic diseases such as diabetes, pre-diabetes, heart disease, musculoskeletal pain, and high BMI. This practice is owned and operated by Karen Radtke, MSN, APNP, a Board certified Nurse Practitioner and Board certified Health Coach.

Journey Mental Health Center (JMHC)

**49 Kessel Ct.
Madison, WI 53711**

Telephone: 608-280-2700
Fax: 608-280-2707
Website: www.journeymhc.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber and non-prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-85+

Service Location: In the home, office, or community setting.

We have 4 office locations throughout Madison:

- 25 Kessel Court
- 49 Kessel Court
- Forward Solutions- 1320 Mendota St.
- Yahara House- 802 E. Gorham St.

Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment.

Bilingual Services Available in: Spanish and Hmong

Service Description:

Intensive Case Management Program (Adult Service Facilitation): Working toward recovery using a supportive, strengths based, culturally competent approach to treatment; Assistance with coordination of money management, benefits, and other services including: primary health care, vocational/educational supports, advocacy, social/leisure, psychiatric services (including nursing and medications), psychotherapy, and substance use disorder treatment; 1:1 supportive counseling offered in the community and/or office; African American Culturally Specific Service Facilitation

Youth Service Facilitation: Working toward recovery with kids and their families to identify and reach goals; Assistance with coordination of services, including coordination of school services, psychotherapy and other non-traditional services that may be appropriate for the consumer; Working toward effective coping skills to manage symptoms, in the community, at school and at home.

Outpatient Psychotherapy (Youth and Adults): Evidenced based individual, family and group psychotherapy (Cognitive Behavioral Therapy, EMDR, Seeking Safety, DBT Groups and specialized treatment for trauma); Psychiatry, including medications and nursing services; Integrated mental health and substance use treatment; Only available for consumers who have Service Facilitation at JMHC

Yahara House (Adult Service Facilitation and Array): Clubhouse Model of mental health treatment offering adults a path to recovery through relationships and work; YH Members and YH Staff work side by side learning job skills in many departments that assist in skill development; Case management and coordination of services, including: money management, advocacy, benefits counseling, 1:1 supportive counseling; Supported employment and transitional work experiences are available; Member-run self-help group

Justin Woodward Counseling, LLC

**618 S. Park Street, Suite C
Madison, WI 53715**

Telephone: 608-213-0673

Fax: 608-283-9336

Website: www.justinwoodwardcounseling.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 13-59

Service Location: In office

Service Limitations: I typically do not serve young children (under 8) or individuals over the age of 60. This is generally due to goodness of fit. Individuals who have significant movement needs will likely not be able to manage in my current space, but I am adaptable and can take walks with individuals such as this as long as there is no flight risk. I typically do work with fairly complex cases, and so restrictions are mostly demographic. Behavioral concerns generally can be managed in office.

Service Description:

Justin Woodward provides family, individual and couples therapy in the Madison area. He has significant experience with individuals on the autism spectrum, adolescents, individuals and families who are experiencing challenges with transition into adulthood. He is a DBT informed therapist who provides services that support, structure and heal individuals, families, and couples with an intuitive creative process that is customized to the needs of each client who seeks his help, balanced with long terms vision and sustainability.

Juvenile Assessment and Treatment Center, LLC (JATC)

**2453 Atwood Avenue, Suite 102
Madison, WI 53704**

Telephone: 608-242-8780

Fax: n/a

Website: n/a

Services Provided:

- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-21

Service Location: In office

Service Limitations: None listed

Service Description:

I provide psychosexual assessment and outpatient psychotherapy for juveniles with sexual acting out/offense issues and their families and have over twenty years' experience in this field. I specialize in working with Interfamilial sexual abuse, juveniles with a combination of sexual acting out behaviors and autism spectrum issues, and coordinating these therapy services with other therapists/providers to assist juveniles with attaining and maintaining positive coping skills to both deter sexual acting out behaviors and to also display overall healthy sexuality and regulation of emotions and issues.

Kelly Toltzien LLC

700 Rayovac Dr. Suite 103 Madison, WI 53719	Telephone: 608-520-0846 Fax: n/a Website: www.madisonarttherapy.com
Services Provided: <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation	Ages Served: 4-79 Service Location: In the home, office, or community-based setting Service Limitations: None listed
Service Description: <p>My main goal as a therapist is to support my clients on their journey to healing and wellness and empower them to make meaningful changes in their lives. I tailor sessions to each unique person and their individual needs while practicing from an Integrative approach. I strive to improve, enhance, and maintain the well-being of my clients through creative self-expression, mindfulness, and supportive counseling.</p> <p>I specialize in Art Therapy, Medical Art Therapy, and Wellness Counseling; treating concerns such as: behavioral problems, adjustment disorders, anxiety, depression, acute and chronic stress, pain management, self-exploration, and other issues that may arise around illness, health concerns, and other life changes.</p>	

Kind Therapy, LLC

**700 Rayovac Drive, Suite 103
Madison, WI 53711**

Telephone: 608-886-9595
Fax: 608-274-6990
Website: www.kindtherapyllc.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/ Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth - 17

Service Location: In office

Service Limitations: None listed

Service Description:

Kind Therapy specializes in providing individual and family counseling for children, adolescents, parents, and families using a strength-based approach that is grounded in family systems theory. Sara Kind, therapist, believes clients are the experts on themselves and have the inherent ability to change and grow. She will listen carefully to understand each client's unique situation and empower them to meet their goals.

Sara has experience supporting children and families to heal from trauma, strengthen parent-child attachment, resolve behavioral challenges, and work through periods of crisis. Therapeutic approaches may include: Trauma Focused Cognitive Behavioral Therapy (TFCBT), Cognitive Behavioral Therapy (CBT), Mindfulness based approaches, social skill training, parenting support, and Motivational Interviewing. Sara has national certificates in TFCBT and ACT Parenting.

Kind Therapy is LGBTQ affirmative, committed to providing trauma-informed care, and strives to approach all interactions with cultural humility.

Life Mender, LLC

**7818 Big Sky Drive, Suite 214
Madison, WI 53719**

Telephone: 608-492-4492
Fax: 413-375-2910
Website: www.lifemender.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/ Recovery Support Services

Ages Served: 10-84

Service Location: In-office

Service Limitations: None listed

Service Description:

I work with children and adolescents ages 10 and up to improve behavior and attitude towards school, social, and family settings. I invite parents, guardians, and school representatives into the therapeutic process to provide the best opportunity for positive changes. I work with adults to make personal changes relative to family, relationships, job satisfaction, and health from a holistic view. I primarily explore problem solving and cognitive techniques with my clients. I revisit the efficacy of the interventions with my clients to make sure we are moving in the right direction and also to tailor treatment to what works for them in order to accomplish their goals.

Living Well Counseling Services (LWCS)

**6117 Monona Dr. Suite 1
Monona, WI 53716**

Telephone: 608-223-1506
Fax: 608-223-1745
Website: www.lwcounseling.com

Services Provided:

- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-79

Service Location: In the office or in the community

Service Limitations: We are able to serve a variety of clients, however our specialty lies in helping individuals recovery from traumatic events.

Service Description:

At Living Well Counseling Services, we specialize in working with individuals and couples who find themselves impacted by traumatic events. All therapists are trained and experienced in the use of Brainspotting therapy and EMDR. We offer flexible scheduling and a faith-based perspective is available upon request.

Lutheran Social Services (LSS)

6314 Odana Road Madison, WI 53719	Telephone: 608-277-0610 Fax: 608-270-6651 Website: www.lsswis.org
Services Provided: <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Psychotherapy• Substance Abuse Treatment	Ages Served: 4-85+ Service Location: In the home, office, or community-based setting Office Locations: <ol style="list-style-type: none">1. Madison: 6314 Odana Road2. Sun Prairie: 1777 W. Main Street, Suite 123 Service Limitations: None listed
Service Description: <p>LSS Mental Health and AODA services:</p> <ul style="list-style-type: none">• Serving children, adolescents, adults, couples, families, and individuals• Experienced with Mental Health issues including Depression, Anxiety, and Trauma• Integrated MH and AODA treatment• Intoxicated Driver Program <p>LSS Service Facilitation for children 12years and older, and adults:</p> <ul style="list-style-type: none">• Screening and Assessment• Service Planning• Service Facilitation	

Madison Neuropsychological Services, LLC (MNS)

6314 Odana Road, Suite 24 Madison, WI 53719	Telephone: 608-556-9910 Fax: 608-204-0094 Website: www.madisonneuropsych.com
Services Provided: <ul style="list-style-type: none">• Diagnostic Evaluations	Ages Served: 6-79 Service Location: In office Service Limitations: None listed
Service Description: <p>Madison Neuropsychological Services, LLC is dedicated to providing comprehensive neuropsychological evaluations for patients across the lifespan in efforts to seek diagnostic clarification and inform treatment recommendations. We value each person as a unique individual and tailor our assessment sessions to meet the needs of each patient. We aim to provide compassionate and prompt services to patients, their families/caregivers, and referring providers.</p>	

Madison Psychiatric Associates (MPA)

**5534 Medical Circle
Madison, WI 53719**

Telephone: 608-274-0355

Fax: 608-274-5546

Website: www.madisonpsychiatricassociates.com

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 4-64

Service Location: 2 office locations:

1. 5534 Medical Circle, Madison
2. 2801 International Lane, Suite 207, Madison

Service Limitations: None listed

Service Description:

MPA is an outpatient mental health clinic with a fifty-year tradition of service to Madison and surrounding communities.

Anna Desai- Anna is a Licensed Professional Counselor who specializes in working with children and adolescents with eating disorders, as well as the child/adolescent, adult, and older adult populations with a range of diagnoses. Anna was a member of the Rogers Memorial Hospital's treatment team in higher levels of care including inpatient hospitalization, residential treatment and was the lead therapist in the Eating Disorder partial hospitalization program in Milwaukee for three years. Specifically, Anna treats eating disorders, anxiety disorders and OCD, mood disorders (depression and bipolar), and personality disorders, utilizing components of DBT, as well as CBT, including exposure therapy. Anna does individual, group and family therapy and believes that it is important to develop treatment goals with both the patients and their families whenever possible. Prior to working with eating disorders, Anna gained experience with ADHD, autism spectrum disorders (Pervasive Developmental Disorders, Aspergers), and patients with behavioral concerns in the child/adolescent and adult populations.

Chloe Perlis- Chloe is a Licensed Clinical Social Worker who assists children, adolescents, adults, couples, divorced/separated parents, and families with a variety of clinical issues. As a certified mediator, she has experience helping individuals and families effectively resolve conflicts. Her areas of specialty include, conflict resolution, custody and placement issues, parenting and co-parenting issues, blended family issues, adjustment issues, life transitions, depression/anxiety, stress management, and personal growth challenges. She also has experience assisting children and adults with emotional regulation, behavioral problems, attachment issues, and social skills. Her methodology varies, depending on the needs of the client. She utilizes cognitive behavioral therapy, narrative therapy, solution-focused therapy, insight-oriented therapy, family therapy and interpersonal therapy. Interdisciplinary collaboration with mental health professionals, medical providers, school personnel, and other collateral sources are an important part of her therapeutic process. She believes in providing clients with an informed, integrative, and holistic approach to optimize the therapeutic experience.

Madison Psychotherapy Center LLC (MPC)

702 N. Blackhawk Ave. Suite 205 Madison, WI 53705	Telephone: 608-233-3037 Fax: 608-233-5893 Website: www.mpccounseling.com
Services Provided: <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Diagnostic Evaluations• Physical Health Monitoring• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Psychotherapy	Ages Served: Birth-85+ Service Location: In the home, office, or community-based setting Service Limitations: We are not able to see sexual perpetrators, clients who are non-compliant with their medications, and clients who are non-compliant with their treatment plan
Service Description: <p>MADISON PSYCHOTHERAPY CENTER (MPC) is a State Certified mental health clinic. All of our staff are dedicated to providing quality mental health services to adults, children, adolescents, and families.</p> <p>Mary Ellen Miller, MS, LPC has been in practice for over 25 years. She specializes in military, traumatic brain injury, post-traumatic stress, anxiety, depression, childhood trauma, grieving losses such as a family member or a pet, and dissociative disorders.</p> <p>Kristi Blaney, MA, LPC has over 9 years of experience working with adults and teenagers in various settings. She also specializes in Parent-Child Interaction Therapy (PCIT), developmental disabilities, anger management, mindfulness, body image, and self-esteem.</p> <p>Shari Gibbs, MA, LPC has several years of experience working with adolescents and adults. She assists clients in cultivating personal strengths and increasing abilities to cope with life's challenges through an eclectic and collaborative therapeutic approach.</p> <p>Our goal at MPC is to empower clients striving to improve relationships and overall mental health functioning in a supportive and comfortable environment.</p>	

Madison Trauma Therapy (MTT)

**4785 Hayes Road, Suite 201
Madison, WI 53704**

Telephone: 608-509-9287

Fax: 608-630-8089

Website: www.madisontrauma.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy
- Substance Abuse Treatment*

Ages Served: 6-79

Service Location: In the home, office, or community-based setting

*Substance Abuse Treatment offered in-office only:

6000 Gisholt Dr. Suite 202

Monona, WI 53713

608-406-2624

Service Limitations: None listed

Service Description:

At Madison Trauma Therapy, we provide competent, compassionate, strengths-based, trauma-informed care to children and adults who need support. Our staff are trained in a variety of evidence-based practices, such as Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), Motivational Interviewing, Brainspotting, and Critical Incident Stress Management (CISM). The CCS services we provide include:

- Individual Skill Development and Enhancement
- Medication Management (non-prescriber)
- Employment Related Skills Training
- Psychotherapy
- Service Facilitation, Screening and Assessment
- Service Planning
- Substance Abuse Treatment
- Peer Support

One thing unique about Madison Trauma Therapy is that our staff is characterized by Christian beliefs that inform who we are as people and as helpers in our community. We come from a variety of backgrounds and denominations, but together we desire to work together to make a positive impact on those around us. We welcome people of all beliefs and backgrounds and are highly respectful of each individual story and what each person brings to the recovery process.

Marriage & Family Solutions, LLC (MFS)

**7818 Big Sky Dr. #101
Madison, WI 53719**

Telephone: 608-203-6267

Fax: 608-203-6696

Website: www.marriagesolutionsmadison.com

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 0-84

Service Location: In office

Service Limitations: None listed

Service Description:

At Marriage & Family Solutions, we offer a variety of services for individuals, couples, and families. Our mission is to help our clients understand the patterns that produce frustration within their lives and produce change.

The road to change is challenging. At Marriage & Family Solutions, we believe in a systemic approach. This means understanding "why" we do the things we do. Whether we work with one person, or an entire family, everyone is important and valued in the success of the "system". We offer a wide variety of specialties and services for individuals, couples, and families.

Mary Williams LLC

**700 Rayovac Dr. Suite 103
Madison, WI 53711**

Telephone: 608-305-4325

Fax: n/a

Website: www.madisonarttherapy.com

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: Prenatal-85+

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

My name is Mary Williams and I am both a registered art therapist and licensed professional counselor. In my therapy practice I aim to create a safe space that is free of judgment where you are able to express yourself and feel empowered. I treat individuals, couples, and families of all ages. I have experience with and truly enjoy working with people of different backgrounds and cultures.

I am eclectic with my approach and I tailor it to each clients needs. I often use the creative arts and other experiential techniques, integrating mindfulness/grounding into the sessions as well. These techniques help to access the unconscious, challenge beliefs, express emotions, balance, transform and heal. My work is trauma informed, strength based, and collaborative. I am committed to meeting you where you are at and empowering you on your healing journey.

I treat many conditions and issues including but not limited to:

Chronic mental and/or physical illness, trauma, stress, anxiety, sexuality, identity, major life changes.

Moontree Psychotherapy Center

**401 Wisconsin Avenue
Madison, WI 53703**

Telephone: 608-256-5115

Fax: 608-256-5116

Website: www.moontreecenter.com

Services Provided:

- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-84

Service Location: In office

Service Limitations: Building is not wheelchair accessible

Service Description:

Moontree provides holistic services that are carefully individualized. Expanding strengths as well as eliminating problems is our goal.

Nest Counseling

**2002 Atwood Avenue #214
Madison, WI 53704**

Telephone: 608-620-5447

Fax: n/a

Website: www.nestcounseling.com

Services Provided:

- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 13-54

Service Location: In office or in the community

Service Limitations: No 24-hour crisis services available

Service Description:

Nest Counseling is a youth-friendly setting, serving adolescents, young adults and their families, specializing in the treatment of trauma, specifically, sexual abuse. In addition to Trauma-Focused Cognitive Behavioral Therapy, Nest tailors creative techniques such as mindfulness, writing, art and empowerment activities to meet the needs of each individual, group or family, from a strengths-based, positive youth development perspective. Counseling services at Nest are based on 20 years of experience working with youth of different cultures, sexual/gender identities and backgrounds, who are facing challenges such as loss, intimacy, difficulty with school and/or relationships, family change, communication, life decisions/choices, anxiety, depression and the responsibilities of emerging independence.

New Growth Mental Health Counseling, LLC

5900 Monona Drive, Suite 312 Monona, WI 53716	Telephone: 608-571-3560 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Psychotherapy• Substance Abuse Treatment	Ages Served: 4-84 Service Location: In office Service Limitations: None listed
Service Description: <p>New Growth Mental Health Counseling offers individuals, couples, adolescent and child and family counseling in an outpatient setting in Monona, WI. Areas of specialty include: Substance Use, Dual Diagnosis, Depression, Anxiety, Post-Partum Mood Disorders, Trauma/PTSD, Grief, Relationships (divorce, couples, parent-child, family dynamics, parenting), Communication, Boundaries, Self-esteem and body image, Coping Skills, Domestic Abuse, Self-Harm, Anger Management, Life Transitions, Mindfulness, Personality Disorders, Obsessive-Compulsive Disorder, Bipolar Disorder</p>	

Off the Square Club (a division of LSS) (OTSC)

<p>4 N. Hancock St. Madison, WI 53703</p>	<p>Telephone: 608-251-6901 Fax: n/a Website: www.lsswis.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • Peer Support • Individual Skill Development and Enhancement • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 18-85+</p> <p>Service Location: 4 N. Hancock Street (in the basement of St. John's Lutheran Church)</p> <p>Service Limitations: You must be 18 years or older; must be a Dane County resident; and must have a primary diagnoses of a mental illness (Due to the structure and nature of our programing, individuals with diagnoses of autism, developmental disability, dementia or brain trauma will generally not be eligible for services)</p>
<p>Service Description:</p> <p>Off the Square Club (OTSC), founded in 1978, is a daytime drop-in resource for adults with mental illness. OTSC is a membership club, open to people with a mental health diagnosis. OTSC provides a safe haven for members during daytime hours and offers: a safe, respectful and welcoming environment; nutritious hot meals (twice a day); community resources counseling; crisis stabilization activities; emotional support; recovery support; and recreational, social and vocational opportunities.</p> <p>OTSC provides trauma informed, recovery-oriented, person-centered services and supports for adults living with mental illness. The goal of these services is to empower its members to take charge of their recovery; provide a safe place for members to develop social skills and become active members of the Madison community and facilitate access to community resources which support members in their recovery journey.</p> <p>Many of our staff are state-certified Peer Specialists with lived experience in recovery from mental illness, and are committed to helping each person in their recovery journey. They will listen, provide support, and help empower members to find their own solutions and next steps. They know about resources and can help connect them with services provided in Dane County.</p> <p>Peer Support services can be provided in the community, outside of the club setting, if preferred. And one does not need to become a club member in order to receive these services.</p> <p>Other benefits include: free breakfast and lunch; access to telephones, computers, free clothing, and laundry facilities; social interaction, activities and connection; activities such as informal group discussions, art, crafts, pool, card playing, and mutual support groups</p>	

Open Door Center for Change, LLC (ODCC)

6502 Grand Teton Plaza, Suite 102 Madison, WI 53719	Telephone: 608-827-7220 Fax: 608-827-7223 Website: www.opendoorcfc.com
Services Provided: <ul style="list-style-type: none">• Diagnostic Evaluations• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Psychotherapy• Substance Abuse Treatment	Ages Served: 4-84 Service Location: In office Service Limitations: None listed Bilingual Services Available in: Spanish
Service Description: <p>We provide a full service dialectical behavior therapy program to individuals as young as 13 years of age. The program includes: weekly skills training group (core mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance skills), weekly individual therapy, daily diary cards, 24/7 phone coaching and parent/caregiver involvement. This evidence based treatment serves clients who have demonstrated difficulty managing emotions, impulsive behaviors and suicidal thoughts. In addition, we do provide traditional psychotherapy in an individual and group format. Bilingual (Spanish/English) psychotherapy is available.</p>	

Orchestra X

313 Proce Place, Suite 111 Madison, WI 53705	Telephone: 608-333-2369 Fax: 608-440-2846 Website: N/A
Services Provided: <ul style="list-style-type: none">• Diagnostic Evaluations• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Psychotherapy	Ages Served: 4-85+ Service Location: In office Service Limitations: None listed
Service Description: <p>Orchestra X Mental Wellness provides a client-centered, solution-focused and supportive approach. With over 20 years of experience working with youth, adults and families; therapeutic goals focus on understanding, empowerment and recovery. Utilizing a person's innate creativity and discovering the inner-artist is foundational to healing. Community, In-home and on-site services.</p> <p>Techniques for recovery include:</p> <ul style="list-style-type: none">• Goal-oriented skill development to awaken inherent strength and talent.• HeartSound; listening and music activities to explore feelings and emotions.• Re-storying; conversation and writing activities to develop a loving empowering inner-voice.• Re-parenting; interrupting negative thought patterns to overcome developmental trauma.• Mentorship focus on respect, care and joining through listening, humor and talent discovery/development.	

Orion Family Services

**6333 Odana Road
Madison, WI 53719**

Telephone: 608-270-2511

Fax: 608-270-0467

Website: www.orionfamilyservices.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Individual and/or Family Psychoeducation
- Individual Skill Development and Enhancement
- Psychotherapy

Ages Served: Birth-21

Service Location: In the home, office, or community-based setting

Service Limitations: We would be unwilling to serve consumers who present a safety threat to Orion Staff

Bilingual Services Available in: Spanish

Service Description:

Orion Family Services is a private, nonprofit organization which serves children, adolescents and families throughout Wisconsin. Orion's programs are dedicated to providing compassionate treatment services to troubled children and their families. Services include outpatient and in-home individual and family therapy to children, adolescents and families as well as a range of other critical outreach services. The Orion Intensive In-Home Family Therapy Program is designed for treatment of children and adolescents experiencing severe emotional, behavioral, and social difficulties within their home, school or community. Including families in treatment when working with children and adolescents is an approach that improves individual and family functioning. Although the identified client is the child or adolescent, the program's focus includes treatment that supports the family in resolving their difficulties. The philosophy of the program is that everyone in the family is responsible, but no one is to blame. Treatment emphasis is placed up on enhancing family strengths and supporting positive changes in the family system, in order to improve the overall functioning of the child. Therapists work with families to increase family cohesion and effective communication, and to create a supportive family environment where negative behaviors are reduced and positive behaviors increased. Parenting skills education is incorporated in treatment in either a formal curriculum-based approach (through out Parent Skill-Builder Program) or informally as needed. For families impacted by trauma, we help healing occur through the use of trauma-informed treatment approaches such as Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). Orion has clinicians that have obtained advanced training in the utilization of this evidence-based and highly effective model for resolving trauma and reducing resultant emotional, behavioral, and interpersonal issues.

<p>306 N. Brooks Street Madison, WI 53715</p>	<p>Telephone: 608-257-2534 Fax: 608-257-2507 Website: www.porchlightinc.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Medication Management (non-prescriber)• Physical Health Monitoring• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Substance Abuse Treatment	<p>Ages Served: 18+</p> <p>Service Location: In the home, office, or community-based setting Safe Haven- 4006 Nakoosa Tr. Madison, WI 53714 Nakoosa- 4002 Nakoosa Tr. Madison, WI 53714 Nakoosa- 4004 Nakoosa Tr. Madison, WI 53714 Mifflin- 324 E. Mifflin St. Madison WI 53703</p> <p>Service Limitations: Members served must qualify for Porchlight’s Safe Haven or the PTO program. Qualifications include: Axis 1 diagnosis of a mental illness (form completed by a physician) and documented homeless status (living on the streets or emergency shelter).</p>
<p>Service Description: Porchlight strives to decrease the Dane County homeless population by providing shelter, housing, supportive services, and a sense of community in ways that empower residents and program participants to positively shape their lives.</p>	

Rainbow Marifrog, LLC

2453 Atwood Ave., Suite 103 Madison, WI 53704	Telephone: 608-520-6207 Fax: 608-729-3186 Website: www.rainbowmarifrog.com
Services Provided: <ul style="list-style-type: none">• Individual and/or Family Psychoeducation• Psychotherapy	Ages Served: 4-54 Service Location: In office Service Limitations: None listed
Service Description: <p>Clients of all ages come to my work seeking healing from trauma or for support in navigating major life crises; other clients are looking for growth and guidance in facing addictions, relationship issues, depression/anxiety, or low self-esteem; and yet others are in the midst of a life transition and want support to build a foundation for the new life they are creating. I meet clients from a strength-based perspective and seek to provide an exceptional therapy experience that helps clients reconnect with their own extraordinary nature. As clients gain access to freedom and awareness, new possibilities emerge for themselves and how they approach life. I provide effective therapy and coaching that stems from a holistic lens integrating the physical, intellectual, emotional and spiritual life of my clients. My integral approach is rooted in various theories: humanistic, psychodynamic, object relations, attachment, and Solution-Focused. I use somatic therapy techniques, mindfulness, exposure therapy, sand tray therapy and other expressive therapies. I also share ideas based in transformative learning that can offer permanent shifts in perspective. With children and caregivers, I also use Developmental and Attachment Play Therapy (DAPT) and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), when appropriate.</p>	

<p>1334 Dewey Court Madison, WI 53703</p>	<p>Telephone: 608-250-6634 ext: 205 Fax: 608-250-6637 Website: www.risewisconsin.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • SERVICE FACILITATION (assessment/planning) • Diagnostic Evaluations • Medication Management (non-prescriber) • Physical Health Monitoring • Individual Skill Development and Enhancement • Employment Related Skill Development • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services 	<p>Ages Served: 6-35</p> <p>Service Location: In the home, office, or community-based setting</p> <p>Service Limitations: We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service.</p>
<p>Service Description:</p> <p>RISE is an established provider in the CCS Network for Service Facilitation for youth and adults enrolled in CCS in Dane County. RISE has over 15 years experience coordinating comprehensive community-based mental health services for individuals in Dane County living with mental illness. We are dedicated to providing a collaborative team approach. We want to learn from you and about you in order to best understand what is important to you. We know that you know yourself and your family better than anyone, and we will ask for your input on all decisions, both large and small. We focus on people’s strengths and abilities. We understand that people have often been through a lot before they walk through our door. We honor that every person comes with cultural beliefs and values, and we strive to understand what is important to you.</p> <p>RISE offers CCS Service Facilitation and additional services, such as living skills development and psychoeducation, for people receiving service facilitation from our agency.</p> <p>In our youth work (age 6-17), we recognize the very important role that parents have in raising and supporting their kids. We will ask for your input and hard work, and we will prioritize services that help you become strong and more confident in your parenting. We believe this will help your family be more successful after our work is finished.</p> <p>In our adult work, (age 18-35 years), we recognize that being a young adult is a unique time in a person’s life, which comes with new privileges and challenges. The adult system can be confusing, and we will help guide you as you learn and try new things.</p> <p>Current services include: Partnering with participants and families to identify needs and goals; Offering developmentally appropriate services to best match the needs and goals; Facilitating the connection to other community providers; Coordinating with providers and team members and supporting participant connection to outpatient providers.; Providing crisis support planning and linkage.; Linking to resources and benefits such as SSDI, SSI, Section-8, food stamps, and housing; Helping to determine times when the participant needs increased or decreased support, including discharge planning.</p>	

RISE Youth & Family Services

**8500 W. North Ave.
Wauwatosa, WI 53226**

Telephone: 414-559-8864

Fax: 414-755-1352

Website: www.riseyouthandfamily.com

Services Provided:

- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-85+

Service Location: In the home or community-based setting

Service Limitations: None listed

Service Description:

Additional services provided at RISE Youth & Family Services include a group called ME First which focuses on assisting teens with developing and maintaining health relationships.

Samaritan Counseling Center of Southern Wisconsin

**5900 Monona Drive, Suite 100
Monona, WI 53716**

Telephone: 608-663-0763

Fax: 608-663-0765

Website: www.samaritancounselingcenterwi.org

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office

Service Limitations: None listed

Service Description:

At the Samaritan Counseling Center of Southern Wisconsin we welcome all clients with varying life circumstances and backgrounds. We believe in treating each individual with compassion and encouragement.

Our therapists located at the Monona office strive to provide uplifting counseling to best fit the client's mental health and well-being needs. We also provide to clients, if they desire, a unique holistic approach that incorporates individual client's own spiritual beliefs into the therapy process.

We have therapists that specialize in trauma work (including EMDR and Brainspotting therapy) as well as a wide range of experience in the following areas: Depression, Bipolar Disorder, OCD, ADD/ADHD, Grief, Anxiety, Dissociative Disorders, Post-Traumatic Stress Disorder (PTSD), Trauma Related Issues, Separation & Divorce Adjustment, Career Issues, Faith Issues, Divorce/Blended Family Issues, Chemical Dependency

Sankofa Behavioral & Community Health

**6400 Gisholt Drive, Suite 209
Monona, WI 53713**

Telephone: 608-239-9589

Fax: 608-819-4903

Website: www.sankofabch.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-69

Service Location: In the home, office, or community-based setting

Service Limitations: We do not provide detox services

Bilingual Services Available in: Hmong

Service Description:

Sankofa Behavioral and Community Health, Inc. is a non-profit organization. We provide comprehensive services for children, adolescents, adults, families, groups, and couples. We use counseling, assessment, case management, advocacy, and a wide array of services that are designed to help recover our Consumer's overall sense of wellness. Most importantly, we maintain sensitivity and awareness of cultural diversity of individuals, consumers, groups and communities. Appreciating the uniqueness of individuals and their communities, we strive to be mindful of diversity ranging from race/ethnicity, sexual & gender orientation, socio-economic status, and ability, to name a few.

We are dedicated to treating each of our consumers with respect, dignity, and a sense of community. Our practice is guided by the African proverb that states, "If you want to go quickly, go alone; if you want to go far, go together." We know that solutions are more sustainable when we work together. As such, SankofaBCH believes that each of us is better when our families and communities are returned to health.

Schefft Behavioral Services, LLC

916 Edgewater Ct. Watertown, WI 53098	Telephone: 920-285-1045 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Diagnostic Evaluations• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Psychotherapy	Ages Served: 13-85+ Service Location: In the home, office, or community-based setting Service Limitations: None listed
Service Description: <p>Behavioral consultant specializing in promoting positive behavior supports to people for over 28 years. I serve children, adolescents and adults with various cognitive needs including Intellectual and Developmental Disabilities, Traumatic Brain Injury, Prader-Willi Syndrome and Dementia. I assess individuals and develop effective bio-psychosocial behavior support plans, ongoing monitoring of effectiveness, and provide training to staff. I also develop, implement, and monitor Plans of Correction to deficiencies in group homes following State Surveys.</p>	

Seasons Counseling LLC

**10227 Greimel Road
Baraboo, WI 53913**

Telephone: 608-434-5145

Fax: n/a

Website: n/a

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-69

Service Location: In the home or community

Service Limitations: None listed

Service Description:

We provide mentoring, therapeutic mentoring, mental health counseling, and family therapy in a community based setting.

Seeds for Change, LLC

**6441 Enterprise Lane, Suite 114A
Madison, WI 53719**

Telephone: 608-512-6779

Fax: 608-298-7514

Website: www.seeds4change.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13-74

Service Location: In the home, office, or community

Service Limitations: None listed

Bilingual Services Available in: Spanish

Service Description:

Seeds for Change provides comprehensive case management. We offer a wide array of wellness and recovery services for individuals and families struggling with hardships from illness, financial duress, lack of housing, loss of a sense of their future, immobilization, trauma and loss. We tailor recovery plans to individuals' needs. Our training includes CBT, DBT, ACT, REBT, MI, solution-focused therapy, and sensory-based interventions. Experience with dual diagnosis, public defenders, medical providers, chapter 51, school IEP, community reentry and the criminal justice system. Our dedicated staff will assist you with information and referral services.

Case management assesses needs, tracks progress and provides support that fosters growth and self-worth. We work collaboratively with consumers, family members, and their health care team towards the attainment of established goals. We assist in accessing community resources to meet identified needs and developing life skills, including:

- Mindfulness
- Emotion Regulation
- Effective Communication Skills
- Problem-Solving Skills

We want our clients to succeed in becoming the best they want to be. We provide culturally competent services.

SOAR Case Management Services, Inc.

<p>2132 Fordem Ave. Madison, WI 53704</p>	<p>Telephone: 608-287-0839 Fax: 608-287-0840 Website: www.soarcms.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • SERVICE FACILITATION (assessment/planning) • Diagnostic Evaluations • Medication Management (prescriber and non-prescriber) • Physical Health Monitoring • Peer Support • Individual Skill Development and Enhancement • Employment Related Skill Development • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services • Psychotherapy • Substance Abuse Treatment 	<p>Ages Served: 18-85+</p> <p>Service Location: In the home, office, or community-based setting</p> <p>Service Limitations: SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder</p>
<p>Service Description:</p> <p>SOAR Case Management Services, Inc. is a consumer operated, non-profit, recovery-based provider of community mental health services. SOAR was founded in 1998 on the belief that mental health consumers can and will recover if they are given the tools to become self-sufficient and follow their hopes and dreams. SOAR's Mission is to assist consumers in developing their capabilities, talents and aspirations in a culturally competent, trauma-informed and recovery-oriented manner. The SOAR model of case management has always employed peer-support as a primary component of the service delivery continuum. Currently over 60% of SOAR staff identify as mental health consumers.</p> <p>SOAR Programs:</p> <ul style="list-style-type: none"> • Case management- Serves consumers who have mental health concerns and may also have substance use concerns and/or involved in the criminal justice system. Provides long and short term, low and high intensity case management, crisis intervention and stabilization services. • Psychiatry Clinic- Provides psychiatric mental health services/prescriber services • Recovery Dane- Information and referral resources; Peer Support, including groups • Solstice House- Peer Run Respite: a short-term, stable and supportive home-like environments run by and for individuals with lived experiences of mental health or substance use concerns who are in need of support and services to aid in their recovery and wellness; <p>Warmline: a non-crisis phone line support service; Peer Led Groups: held at various locations throughout the community</p>	

Soul Motivation

**128 E. Olin Ave. Suite 201, Room 49
Madison, WI 53713**

Telephone: 608-406-2123 / 608-209-5512

Fax: 608-268-0898

Website: n/a

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 4-85+

Service Location: In the home, office, or community setting

Service Limitations: None listed

Service Description:

Soul Motivation's priority is to help you achieve the goals that meet your definitions of success. Our staff uses a strengths-based, trauma-informed approach with your values and aspirations as our guide. We believe everyone deserves to choose how they live. We will provide support to you on this journey as you learn positive and healthy ways to advocate for yourself and make positive life changes. Soul Motivation encourages involvement from family, friends, and other support systems you have in place and will connect you with beneficial resources and community supports.

Stay Focused Counseling LLC

**313 W. Beltline Hwy. Suite 185
Madison, WI 53713**

Telephone: 608-575-1189

Fax: n/a

Website: www.stayfocusedcounseling.com

Services Provided:

- Medication Management (non-prescriber)
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 13-85+

Service Location: In the home, office, or community setting

Service Limitations: None listed

Service Description:

Stay Focused Counseling LLC is designed to tap into various aspects of your life. We will focus on the areas that are causing you difficulty and have room for improvement.

Stay Focused on Healthy Relationships: This is geared toward domestic violence education. We will explore how you may be hurting others as well as how you may be abused and the steps you can take to make positive changes in your intimate relationships.

Stay Focused on Healthy Living: There are a variety of factors that contribute to your health and wellness. This includes nutrition, physical fitness, stress management, and building a winning self-image. We will find ways to address any anxiety or depression you may be experiencing so you can be more comfortable with your existence.

Stay Focused on Freedom: It takes just a moment of weakness to behave in a way that can result in a consequence which results in a period of confinement, such as jail or prison. We will analyze your thoughts, which, in turn, influence your feelings, that govern your behavior for which you need to take responsibility.

Stay Focused on Career Development: It is never too late to make positive strides in your life to become a better person and make positive contributions to society. We will build a winning resume and practice interviewing skills to help prepare you for the work arena. The goal is to find work that is meaningful and for which you are passionate.

Tawakal Care Services

5249 Frisco Court Middleton, WI 53562	Telephone: 608-836-3346 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Individual Skill Development and Enhancement• Employment Related Skill Development	Ages Served: 4-49 Service Location: In the home or community setting Service Limitations: None listed
Service Description: <p>My goal is to provide a behavioral support program primarily to clients (children/families, adolescents, and young adults) on their journey to healing and wellness and to support them to make meaningful changes in their lives where they have need, home, school, resident, community, etc.</p> <p>I will provide positive and consistent one-to-one adult support to increase social and interpersonal skills. This includes parent mentoring/ skill development. All services are individualized for the client/families.</p>	

<p>5900 Monona Dr. Suite 300 Monona, WI 53716</p>	<p>Telephone: 608-663-2120 Fax: 608-222-6694 Website: www.tellurian.org</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • SERVICE FACILITATION (assessment/planning) • Diagnostic Evaluations • Medication Management (prescriber and non-prescriber) • Physical Health Monitoring • Individual Skill Development and Enhancement • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services • Psychotherapy • Substance Abuse Treatment 	<p>Ages Served: 18-85+</p> <p>Service Location: In the home, office, or community-based setting. We have 3 Madison office locations:</p> <ul style="list-style-type: none"> • Outpatient Clinic & Housing Resources - 300 Femrite Dr. • Day Treatment- 2914 Industrial Dr. • Community Team- 1053 Williamson St. <p>Service Limitations: None listed</p>
<p>Service Description:</p> <p>Tellurian Community Intervention Team (CIT)- CIT service facilitators provide a multi-disciplinary approach to work with individuals on their identified goals at their pace. Services offered include: medication management, housing support and coordination, support with activities of daily living, budgeting support, and psychiatric care (if seen in our clinic)</p> <p>Tellurian Outpatient Clinic- Tellurian Outpatient Clinic provides a wide array of counseling and assessment services for individuals experiencing substance abuse, dependency, and mental health issue with a compassionate treatment approach. Individual, group, and/or family counseling are available.</p> <p>Tellurian Day Treatment Program- Tellurian Day Treatment Program is specifically designed for patients who have a supportive living environment but require more intensive treatment than traditional outpatient treatment programs offer. The program provides patients with an opportunity to practice recovery skills within the community and utilize peer and staff support to maintain sobriety. Daily group sessions are available to accommodate your schedule. All groups are conducted four hours per day, four days per week (Tue-Fri) along with one hour per week of one-on-one individual therapy (family counseling is available and recommended). The program is also an approved provider for the Dane County intoxicated driver program</p> <p>Tellurian Housing Resource Coordinator- The Tellurian Housing Resource Coordinator provides skill development, problem solving and resource education in the areas of securing and maintaining safe and affordable community housing. Services may include, but are not limited to: Education about housing resources that meet the member's needs-including Subsidized, Public Housing, Section 8 and Market Rate units; assist with placing calls to rental companies and rental agents to obtain information; assist members with completing housing applications; mentor and supervise writing appeal letters for denial of Subsidized/Public Housing; assist with skill acquisition for informal reviews for denial of Subsidized/Public Housing; and provide education about Energy Assistance, Eviction Prevention/Security Deposit monies as appropriate.</p>	

The Psychology Clinic, Inc. (TPC)

**310 N. Midvale Blvd., Suite 202
Madison, WI 53705**

Telephone: 608-238-9991

Fax: 608-238-1929

Website: www.thepsychologyclinicinc.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting.

Service Limitations: None listed

Service Description:

The Psychology Clinic is designed to fill more people's needs for many kids on psychological and related services – and to make those services as accessible and as useful as possible. With that goal in mind, we have assembled our experiences, multi-disciplinary team to provide a broad range of traditional and innovative professional services. We have built an approach that is designed to be responsive to people's needs in a wide variety of circumstances.

Services:

- Counseling for individuals, couples, families, and groups- We're pleased to offer a wide variety of effective counseling methods, appropriate to individual circumstances including culture-specific counseling. We encourage clients to take an active role in shaping their counseling and treatment plans. In other words, we fit the therapy to the person and to the circumstances. When appropriate, counseling can take place in our offices, or at the client's home or work-place. We do whatever we can to facilitate therapeutic growth for our clients.
- Eye Movement Desensitization and Reprocessing (EMDR)- We have several EMDR certified counselors on staff and have worked in numerous areas to expand this technique.

The Rainbow Project, Inc. (TRP)

**831 E. Washington Ave.
Madison, WI 53703**

Telephone: 608-255-7356

Fax: 608-255-0457

Website: www.therainbowproject.net

Services Provided:

- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: Birth-12

Service Location: In the home, office, or community-based setting.

Service Limitations: None listed

Service Description:

The Rainbow Project, Inc. is a private, non-profit organization, providing services to children (birth-12) and families experiencing stress related, but not limited to, the effects of:

- Trauma (resulting from physical, sexual & emotional maltreatment, & other sources)
- Neglect
- Attachment Issues (parent/caregiver & child relationship)
- Witness to Domestic Violence
- And other biological & environmental stressors

Therapy Without Walls, LLC (TWW)

**2155 E. Main Street
Reedsburg, WI 53959**

Telephone: 608-843-3229

Fax: 608-768-0816

Website: www.therapywithoutwalls.org

Services Provided:

- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 4-85+

Service Location: In the home or community

Service Limitations: None listed

Service Description:

Therapeutic Youth Mentoring- "Experiential Therapy" work with consumers where they have the need in the home, school, residential, community... The possibilities are endless. Great engagement of consumers that typically do not engage in outpatient therapy. It is psychotherapy blended with mentoring activities.

Female adolescent mindfulness/yoga group- To start in 2016. Male social skills group in the future.

Parent mentoring/skill development

In-Home Therapy- Individuals, couples, and/or family work

Outpatient Therapy- Consumer can come in and see therapists at the office located in Reedsburg, WI

All services are individualized for the consumer/families we work with. We emphasize teams to best meet the needs of our consumers.

Thomas & Associates Services LLC (TAS)

2976 Triverton Pike Drive Fitchburg, WI 53711	Telephone: 608-283-9989 (office), 608-213-7856 (mobile) Fax: n/a Website: www.drgetmadison.com
Services Provided: <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Diagnostic Evaluations• Medication Management (non-prescriber)• Physical Health Monitoring• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Psychotherapy• Substance Abuse Treatment	Ages Served: 13-79 Service Location: In the home, office, or community-based setting Service Limitations: None listed
Service Description: <p>Thomas and Associates Services LLC is committed to helping families and individuals build healthy and constructive lives. We believe support that is non-judgmental, sincere, and honest helps build a trusting relationship with clients. We believe that most clients have the capacity to re-direct their lives when helped to do so. We say to our clients that it is more important where they are going than where they have been.</p> <p>Individual Services: Psychotherapy, stress management, trauma treatment, domestic violence, behavior intervention, substance abuse treatment and education, relationship counseling, psychological evaluation, mental health assessments, problem solving decision making, employment readiness, and vocational counseling.</p> <p>Group Services: Prosocial/skills training, stress management, anger management, trauma treatment/evaluation, counsel with authority figures, moral development support and enhancement, problem/solving/decision making training.</p>	

Thompson Mentoring, LLC (T M)

7203 Midtown Road #110 Madison, WI 53719	Telephone: 608-712-0300 Fax: n/a Website: n/a
Services Provided: <ul style="list-style-type: none">• Medication Management (non-prescriber)• Individual Skill Development and Enhancement• Employment Related Skill Development	Ages Served: 4-21 Service Location: In the community Service Limitations: None listed
Service Description: Anger management and solutions technique call HeartStone.	

<p>6514 Odana Road, Suite 10 Madison, WI 53719</p>	<p>Telephone: 608-206-4724 Fax: n/a Website: www.triquestrian.com</p>
<p>Services Provided:</p> <ul style="list-style-type: none"> • SERVICE FACILITATION (assessment/planning) • Diagnostic Evaluations • Individual Skill Development and Enhancement • Individual and/or Family Psychoeducation • Wellness Management and Recovery/Recovery Support Services • Psychotherapy • Substance Abuse Treatment 	<p>Ages Served: 4-85+</p> <p>Service Location: In office: 2122 Bridge Lane, Verona, WI</p> <p>Service Limitations: None listed</p>
<p>Service Description:</p> <p>Triquestrian’s mission is to provide the community with opportunities for growth and learning through the power of horses. We believe horses have the ability to help us experience and explore life from a unique perspective creating opportunities for growing, learning, and healing. All services at Triquestrian are provided utilizing the EAGALA (Equine Assisted Growth and Learning Association) Model. No riding is involved and no horse experience is needed. Equine Assisted Psychotherapy provides an experiential learning opportunity for participants. Because of its experiential nature, it allows a different level of exploration and integration of mind, body, and spirit that is often sometimes difficult to reach within traditional treatment settings. Equine Assisted Learning Services provide participants opportunities for problem solving, communication skill building, leadership training, and self-esteem building. All service can be uniquely tailored to meet the participants’ goals.</p>	

<p>8383 Greenway Cross, Suite 600 Middleton, WI 53562</p>	<p>Telephone: 608-826-7448 or 608-444-1717 Fax: 608-237-2344 Website: www.truebelievers.us</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Diagnostic Evaluations• Medication Management (non-prescriber)• Physical Health Monitoring• Individual Skill Development and Enhancement• Employment Related Skill Development• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services• Psychotherapy• Substance Abuse Treatment	<p>Ages Served: 4-69</p> <p>Service Location: In the home, office, or community-based setting</p> <p>Service Limitations: None listed</p>
<p>Service Description:</p> <p>True Believers, LLC is an agency that provides intensive case management and service facilitation to adults of all ages in Dane County. Our staff consists of licensed substance abuse and mental health providers with over 20 years experience providing case management and advocacy to consumers. We believe that our consumers have the right to be treated with the upmost dignity and respect in all aspects of their lives. Our belief system is to meet people where they are and help them improve optimum living and well-being. Our agency strives to meet our consumer hierarchy of needs by addressing issues that they face, such as housing, lack of employment, no insurance, lack of support, legal problems, unresolved health concerns, and many more.</p>	

UW Waisman Center

**122 E. Olin Ave., Suite 100
Madison, WI 53713**

Telephone: 608-265-9440
Fax: 608-263-4681
Website: cow.waisman.wisc.edu

Services Provided:

- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation

Ages Served: 13-49

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

Community TIES is a UW-Waisman Center behavioral support program serving primarily children/families, adolescents and adults with disabilities (DD) who live in the community. Our mission is to address behavioral, psychological, and emotional needs using therapeutic approaches that assure continued participation in supported community life. These needs are commonly referred to as "challenging behaviors." TIES activities are a creative blend various positive practices that have proven effective in meeting complex behavioral and mental health challenges within supported community life.