

Dane County Comprehensive Community Services

Adult Service Facilitation

Provider Directory

Revised 5/4/2018

<p>Ade Supports, Inc.</p> <p>2810 Crossroads Drive, Suite 4000 Madison, WI 53718</p>	<p>Telephone: 608-209-8272 Fax: N/A Website: N/A</p>
<p>Services Provided:</p> <ul style="list-style-type: none">• SERVICE FACILITATION (assessment/planning)• Medication Management• Physical Health Monitoring• Individual Skill Development and Enhancement• Individual and/or Family Psychoeducation• Wellness Management and Recovery/Recovery Support Services <p>Ages Served: 4-74</p> <p>Service Location: In the home, office, or community-based setting</p> <p>Service Limitations: None listed</p>	<p>Service Description: <i>None listed at this time</i></p>

Anesis Center for Marriage & Family Therapy

6409 Odana Road, Suite 14
Madison, WI 53719

Telephone: 608-268-6530

Fax: N/A

Website: www.anesistherapycenter.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development & Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth - 64

Service Location: In the home, office, or community-based setting

Service Limitations: We do not specialize in treatment for autism or developmental disabilities.

Bilingual Services Available in: Spanish

Service Description:

Anesis (meaning a place of rest) Therapy:

Anesis Therapy specialized in depression, anxiety, trauma, substance abuse/recovery and family therapy. Anesis provides services for children, adolescents and adults. We believe in compassionate care with using evidence based practices with a systems approach.

Anesis Therapy's philosophy is rooted in systems therapy and uses Narrative Therapy, TFCBT (Trauma Focused Cognitive Behavioral Therapy) for children, ACT parenting, Motivational Interviewing, and cultural interventions. We believe in helping our client's identify their values and skills so they can effectively confront whatever problems they face. Anesis Therapy emphasizes participation of clients in the therapy process; understanding that individual clients are our best resource in helping to resolve inner and circumstantial conflicts. We believe that the person is not the problem, the problem is the problem.

Common Threads Family Resource Center

5979 Sigglekow Road
McFarland, WI 53558

Telephone: 608-838-8999

Fax: 608-838-8988

Website: www.commonthreadsmadison.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Psychotherapy

Ages Served: 4-26

Service Location: In the home, office, or community-based setting

Service Limitations: We specialize in sensory, regulation and interoception issues that often co-occur with mental health concerns. However, we serve individuals with a wide-variety of mental health challenges and behavioral disorders beyond this. We cannot serve clients with serious sexual offenses or violent felonies

Service Description:

Common Threads Family Resource Center, located minutes from Madison, WI, is both a state licensed mental health clinic with occupational and speech therapy, and a non-traditional school program. Both programs are geared towards individuals with affected by mental health challenges, behavioral disorders, sensory processing challenges and autism. Our experienced and talented team of professionals creates a daily environment of acceptance and growth where students and clients flourish. The multidisciplinary team includes top professionals from multiple treatment, development, and educational areas to ensure we provide the most appropriate and forward-thinking services for every individual client. We believe in every individual that walks through our door and embrace all families who seek out our center. Working collaboratively, we are far stronger. It is our privilege to be of service.

Our Core Values:

- Believing in the potential of each client we serve
- Being devoted to success
- Honoring our client's strengths
- Valuing relationship
- Meeting our clients where they are at

Community Counseling Center of Madison, WI, Inc. (CCC)

6629 University Ave. Suite 209
Middleton, WI 53562

Telephone: 608-833-5880
Fax: 608-829-3787
Website: www.communitycounselingmadison.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13-74

Service Location: In the home, office, or community-based setting

Service Limitations: Our office is located on the 2nd floor and there is no elevator, so clients must be able to navigate stairs.

Service Description:

The Community Counseling Center of Madison, Wisconsin, Inc. provides professional counseling by trained and skilled social workers, counselors, and licensed psychologists. The clinic is licensed by the State of Wisconsin (as an outpatient mental health clinic) and has been serving the community since 1975. Our therapeutic services include: individual therapy, group therapy, family therapy, couples therapy, marriage therapy, sex therapy, and play therapy. We specialize in treating eating disorders, AODA, learning disabilities, and trauma.

Community Living Alliance, Inc.

1414 MacArthur Road
Middleton, WI 53708

Telephone: 608-242-8335

Fax: 608-240-7060

Website: www.clanet.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 18-85+

Service Location: In the home, office, or community-based setting

Service Limitations: We do not serve individuals with a primary diagnosis of Substance Abuse

Service Description:

CLA is a local, non-profit, trauma-informed, community based organization. For over thirty (30) years CLA has been a trusted provider in Dane County and has designed and provided innovative programs and services that support the independent living needs of all people with disabilities and older adults.

CLA has rich history in supporting individuals with all disabilities and those who have chronic health and pain conditions. These conditions often produce anxiety or depression and other symptoms which may challenge interpersonal relationships and limit one's ability to live a meaningful life. We partner with individuals to gain insight through education to effectively manage their symptoms and uncover barriers to achieve their recovery goals.

The core values of our organization embraces the central tenets of the independent living philosophy. We believe that people should have a choice in the services that they receive and must be at the center of all treatment planning and goal identification.

CLA as a trauma informed care organization embraces the principles of trauma based care and has a rich understanding and respect for an individual's journey towards health and wellbeing. We recognize the impact of social isolation and see great value in promoting opportunities for community connections and healthy interpersonal relationships.

CLA is unique in understanding the impact of mobility and chronic pain and other issues which may limit an individual's ability to participate in therapy outside of the home. Therefore, CLA provides in-home as well as traditional office services. Our expertise also extends to supporting individuals as they work through their own personal grief and loss process and move toward adapting to and coping with change.

Focus Counseling Inc.

2445 Darwin Road, Suite 101
Madison, WI 53704

Telephone: 608-405-2055

Fax: N/A

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: We do not provide prescriber services

Bilingual Services Available in: Spanish and Gujarati

Service Description:

Service Facilitation and case management services designed to promote immediate client engagement and development of dedicated recovery team.

One-to-one and group counseling for treatment of mental health and substance abuse disorders with emphasis on culturally competent service delivery.

Employment training and support staff works one-to-one with clients to develop and enhance employment skills in preparation for on-the-job training opportunities designed to result in direct employment opportunities.

Counseling staff, with support from peer specialists and case management staff, work with clients toward enhancement of individual life skills including (but not limited to) improved hygiene and personal care, increased opportunities for stable housing, and increased social skills.

HealthyMinds, LLC (HM)

6510 Grand Teton Plaza, Suite 402
Madison, WI 53719

Telephone: 608-239-8807
Fax: 608-841-1200
Website: www.healthymindsllc.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

General mental health services include: individual/couples/ family therapy, life coaching, divorce mediation, and alternative dispute resolution. In home family therapy services are also offered through our clinic

Horizon High School (HHS)

PO Box 45045
Madison, WI 53744

Telephone: 608-442-0935
Fax: 608-442-0935
Website: www.horizonhs.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Substance Abuse Treatment

Ages Served: 13-21

Service Location: In office or in the community

Office Location:

5003 University Ave. #185
Madison, WI 53705

Service Limitations: Not wheelchair accessible

Service Description:

Horizon High School is a recovery high school. This means our environment and curriculum are structured to provide a safe and sober learning atmosphere for students in recover from drug or alcohol abuse. The classroom setting is small, in order to promote an individualized curriculum and to allow for students' needs. Horizon High School's guideline for enrollment is to maintain a staff to student ratio of five to one. Our student population varies and is usually between 6-14 students. Although the program is targeted at teens in recovery, anyone that needs an alternative to a traditional high school setting is welcome. Horizon does NOT limit enrollment only to students in recovery. To maintain an engaging and educational atmosphere, Horizon High School incorporates guest speakers, life skills education, physical education and field trips. Generally, an outing is planned every week to engage students in their community. Students are encouraged to participate in a variety of activities, both at school and after school, in order to help them maintain their recovery and develop into well-rounded community members. Since Horizon's creation, over 80 young people have attended. Today many of these former students are enrolled in colleges and universities, in the military, or working as contributing members of our community. The mission of Horizon High School is to provide a school that fosters emotional, social and academic growth for students who want to learn in an alcohol-free, drug-free environment. Students will actively assume responsibility.

Insight Counseling & Wellness, LLC

2021 Atwood Avenue
Madison, WI 53704

Telephone: 608-244-4859
Fax: 608-244-6809
Website: www.insightmadison.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-84

Service Location: In the home, office, or community-based setting

Service Limitations: Not wheelchair accessible

Bilingual Services Available in: French

Service Description:

At Insight, we offer holistic psychotherapy, which means that we consider wellness of each person’s mind, body and spirit. We offer individualized attention and cater our services to the unique needs of each person. We are skilled in employing body-centered therapies when appropriate, such as dance/movement therapy, somatic-expressive therapy and yoga therapy. We are also versed in mindfulness meditation and EMDR (eye movement desensitization and reprocessing). Our therapists are master’s level professionals in either counseling or marriage and family therapy.

Journey Mental Health Center (JMHC)

49 Kessel Ct.
Madison, WI 53711

Telephone: 608-280-2700

Fax: 608-280-2707

Website: www.journeymhc.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: Birth-85+

Service Location: In the home, office, or community setting. We have 4 office locations throughout Madison:

- Kennedy- 49 Kessel Court
- Forward Solutions- 1320 Mendota St.
- Yahara House- 802 E. Gorham St.

Service Limitations: We do not service individuals with advanced dementia. We work with many consumers who are registered on the Wisconsin Sexual Offender Registry but we do not provide sexual offender treatment

Bilingual Services Available in: Spanish and Hmong

Service Description:

Intensive Case Management Program (Adult Service Facilitation):

- Working toward recovery using a supportive, strengths based, culturally competent approach to treatment
- Assistance with coordination of money management, benefits, and other services including: primary health care, vocational/educational supports, advocacy, social/leisure, psychiatric services (including nursing and medications), psychotherapy, and substance use disorder treatment
- 1:1 supportive counseling offered in the community and/or office
- African American Culturally Specific Service Facilitation

Youth Service Facilitation:

- Working toward recovery with kids and their families to identify and reach goals
- Assistance with coordination of services, including coordination of school services, psychotherapy and other non-traditional services that may be appropriate for the consumer
- Working toward effective coping skills to manage symptoms, in the community, at school and at home.

Outpatient Psychotherapy (Youth and Adults):

- Evidenced based individual, family and group psychotherapy (Cognitive Behavioral Therapy, EMDR, Seeking Safety, DBT Groups and specialized treatment for trauma)
- Psychiatry, including medications and nursing services
- Integrated mental health and substance use treatment
- Only available for consumers who have Service Facilitation at JMHC

Yahara House (Adult Service Facilitation and Array)

- Clubhouse Model of mental health treatment offering adults a path to recovery through relationships and work
- YH Members and YH Staff work side by side learning job skills in many departments that assist in skill development
- Case management and coordination of services, including: money management, advocacy, benefits counseling, 1:1 supportive counseling
- Supported employment and transitional work experiences are available
- Member-run self-help groups

Lutheran Social Services (LSS)

6314 Odana Road
Madison, WI 53719

Telephone: 608-277-0610

Fax: 608-270-6651

Website: www.lsswis.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Locations: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

LSS Mental Health and AODA services:

- *Serving children, adolescents, adults, couples, families, and individuals*
- *Experienced with Mental Health issues including Depression, Anxiety, and Trauma*
- *Integrated MH and AODA treatment*

CCS Service Facilitation for children and adults:

- Screening and Assessment
- Service Planning
- Service Facilitation

Madison Trauma Therapy (MTT)

4785 Hayes Road, Suite 201
Madison, WI 53704

Telephone: 608-509-9287

Fax: 608-630-8089

Website: www.madisontrauma.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Psychotherapy
- Substance Abuse Treatment*

Ages Served: 6-79

Service Location: In the home, office, or community-based setting

*Substance Abuse Treatment offered in-office only:

6000 Gisholt Dr. Suite 202
Monona, WI 53713
608-406-2624

Service Limitations: None listed

Service Description:

At Madison Trauma Therapy, we provide competent, compassionate, strengths-based, trauma-informed care to children and adults who need support. Our staff are trained in a variety of evidence-based practices, such as Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), Motivational Interviewing, Brainspotting, and Critical Incident Stress Management (CISM). The CCS services we provide include:

- Individual Skill Development and Enhancement
- Medication Management (non-prescriber)
- Employment Related Skills Training
- Psychotherapy
- Service Facilitation, Screening and Assessment
- Service Planning
- Substance Abuse Treatment
- Peer Support

One thing unique about Madison Trauma Therapy is that our staff is characterized by Christian beliefs that inform who we are as people and as helpers in our community. We come from a variety of backgrounds and denominations, but together we desire to work together to make a positive impact on those around us. We welcome people of all beliefs and backgrounds and are highly respectful of each individual story and what each person brings to the recovery process.

Porchlight, Inc.

306 N. Brooks Street
Madison, WI 53715

Telephone: 608-257-2534

Fax: 608-257-2507

Website: www.porchlightinc.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Substance Abuse Treatment

Ages Served: 18+

Service Location: In the home, office, or community-based setting
Safe Haven- 4006 Nakoosa Tr. Madison, WI 53714
Nakoosa- 4002 Nakoosa Tr. Madison, WI 53714
Nakoosa- 4004 Nakoosa Tr. Madison, WI 53714
Mifflin- 324 E. Mifflin St. Madison WI 53703

Service Limitations: Members served must qualify for Porchlight’s Safe Haven or the PTO program. Qualifications include: Axis 1 diagnosis of a mental illness (form completed by a physician) and documented homeless status (living on the streets or emergency shelter).

Service Description:

Porchlight strives to decrease the Dane County homeless population by providing shelter, housing, supportive services, and a sense of community in ways that empower residents and program participants to positively shape their lives.

RISE Wisconsin, Inc.

1334 Dewey Court
Madison, WI 53703

Telephone: 608-250-6634 x:205

Fax: 608-250-6637

Website: www.risewisconsin.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy

Ages Served: 6-35

Service Location: In the home, office, or community-based setting

Service Limitations: We do not currently have a psychiatrist on site, but we are well connected to psychiatrists in the community and are prepared to help link you with this service.

Service Description:

RISE has over 17 years experience coordinating community-based mental health services for individuals in Dane County living with mental illness. Our Service Facilitators specialize in support and care that is strengths-based, trauma-informed, and participant-led.

RISE offers CCS Service Facilitation and Psychotherapy from the CCS Service Array for program participants within the ages of 6-35 years old.

Some of our services include:

- Help with finding a therapist or other mental health professional to work with your self, child or family
- Help with arranging, monitoring, and directly assisting with psychiatric services and medication management
- Crisis planning and support
- Help with finding a doctor or physician to meet you or your child's physical health needs
- Help with finding and keeping affordable housing
- Help with figuring out what benefits (SSDI, Section-8, food stamps) you or your child are eligible for and how to access those benefits
- Traditional outpatient psychotherapy

Some goals you and your Service Facilitator may focus on include:

- Obtaining and maintaining safe and affordable housing
- Obtaining and maintaining a prescriber of and access to medication
- Creating a crisis support plan
- Addressing concerns regarding and connecting services for drug and alcohol concerns
- Obtaining and maintaining employment

Sankofa Behavioral & Community Health

1945 W. Broadway, Suite 105
Monona, WI 53713

Telephone: 608-239-9589 or 608-285-9101

Fax: 608-819-4903

Website: www.sankofabch.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-69

Service Location: In the home, office, or community setting

Service Limitations: We do not provide detox services.

Bilingual Services Available in: Hmong

Service Description:

Sankofa Behavioral and Community Health, Inc. is a non-profit organization. We provide comprehensive services for children, adolescents, adults, families, groups, and couples. We use counseling, assessment, case management, advocacy, and a wide array of services that are designed to help recover our Consumer's overall sense of wellness. Most importantly, we maintain sensitivity and awareness of cultural diversity of individuals, consumers, groups and communities. Appreciating the uniqueness of individuals and their communities, we strive to be mindful of diversity ranging from race/ethnicity, sexual & gender orientation, socio-economic status, and ability, to name a few.

We are dedicated to treating each of our consumers with respect, dignity, and a sense of community. Our practice is guided by the African proverb that states, "If you want to go quickly, go alone; if you want to go far, go together." We know that solutions are more sustainable when we work together. As such, SankofaBCH believes that each of us is better when our families and communities are returned to health.

Seasons Counseling LLC

10227 Greimel Road
Baraboo, WI 53913

Telephone: 608-434-5145

Fax: N/A

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-69

Service Location: In the home or community

Service Limitations: None listed

Service Description:

We provide mentoring, therapeutic mentoring, mental health counseling, and family therapy in a community based setting.

Seeds for Change, LLC

6441 Enterprise Lane, Suite 114A
Madison, WI 53719

Telephone: 608-512-6779

Fax: 609-298-7514

Website: www.seeds4change.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13-74

Service Location: In the home, office, or community

Service Limitations: None listed

Bilingual Services Available in: Spanish

Service Description:

Seeds for Change provides comprehensive case management. We offer a wide array of wellness and recovery services for individuals and families struggling with hardships from illness, financial duress, lack of housing, loss of a sense of their future, immobilization, trauma and loss. We tailor recovery plans to individuals' needs. Our training includes CBT, DBT, ACT, REBT, MI, solution-focused therapy, and sensory-based interventions. Experience with dual diagnosis, public defenders, medical providers, chapter 51, school IEP, community reentry and the criminal justice system. Our dedicated staff will assist you with information and referral services.

Case management assesses needs, tracks progress and provides support that fosters growth and self-worth. We work collaboratively with consumers, family members, and their health care team towards the attainment of established goals. We assist in accessing community resources to meet identified needs and developing life skills, including:

- Mindfulness
- Emotion Regulation
- Effective Communication Skills
- Problem-Solving Skills

We want our clients to succeed in becoming the best they want to be. We provide culturally competent services.

SOAR Case Management Services, Inc.

2132 Fordem Ave.
Madison, WI 53704

Telephone: 608-287-0839

Fax: 608-287-0840

Website: www.soarcms.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management
- Physical Health Monitoring
- Peer Support
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 18-85+

Service Location: In the home, office, or community setting

Service Limitations: SOAR only provides substance abuse treatment to clients who are dually diagnosed with a mental health disorder

Service Description:

SOAR Case Management Services, Inc. is a consumer operated, non-profit, recovery-based provider of community mental health services. SOAR was founded in 1998 on the belief that mental health consumers can and will recover if they are given the tools to become self-sufficient and follow their hopes and dreams. SOAR's Mission is to assist consumers in developing their capabilities, talents and aspirations in a culturally competent, trauma-informed and recovery-oriented manner. The SOAR model of case management has always employed peer-support as a primary component of the service delivery continuum. Currently over 60% of SOAR staff identify as mental health consumers.

SOAR Programs:

- *Case management- Serves consumers who have mental health concerns and may also have substance use concerns and/or involved in the criminal justice system. Provides long and short term, low and high intensity case management, crisis intervention and stabilization services.*
- *Psychiatry Clinic- Provides psychiatric mental health services/prescriber services*
- *Recovery Dane-*
 - *Information and referral resources*
 - *Peer Support, including groups*
- *Solstice House-*
 - *Peer Run Respite- a short-term, stable and supportive home-like environments run by and for individuals with lived experiences of mental health or substance use concerns who are in need of support and services to aid in their recovery and wellness*
 - *Warmline- a non-crisis phone line support service*
 - *Peer Led Groups- held at various locations throughout the community*

Soul Motivation

128 E. Olin Ave. Suite 201, Room 49
Madison, WI 53713

Telephone: 608-209-5512

Fax: N/A

Website: N/A

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services

Ages Served: 4-85+

Service Location: In the home, office, or community setting

Service Limitations: None listed

Service Description:

*Soul Motivation's priority is to help you achieve the goals that meet **your** definitions of success. Our staff uses a strengths-based, trauma-informed approach with your values and aspirations as our guide. We believe everyone deserves to choose how they live. We will provide support to you on this journey as you learn positive and healthy ways to advocate for yourself and make positive life changes. Soul Motivation encourages involvement from family, friends, and other support systems you have in place and will connect you with beneficial resources and community supports.*

Tellurian UCAN, Inc.

5900 Monona Dr. Suite 300
Monona, WI 53716

Telephone: 608-663-2120
Fax: 608-222-6694
Website: www.tellurian.org

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 18-85+

Service Location: In the home, office, or community-based setting. We have 3 Madison office locations:

- Outpatient Clinic & Housing Resources - 300 Femrite Dr.
- Day Treatment- 2914 Industrial Dr.
- Community Team- 1053 Williamson St.

Service Limitations: None listed

Service Description:

Tellurian Community Intervention Team (CIT)

CIT service facilitators provide a multi-disciplinary approach to work with individuals on their identified goals at their pace. Services offered include: medication management, housing support and coordination, support with activities of daily living, budgeting support, and psychiatric care (if seen in our clinic)

Tellurian Outpatient Clinic

Tellurian Outpatient Clinic provides a wide array of counseling and assessment services for individuals experiencing substance abuse, dependency, and mental health issue with a compassionate treatment approach. Individual, group, and/or family counseling are available.

Tellurian Day Treatment Program

Tellurian Day Treatment Program is specifically designed for patients who have a supportive living environment but require more intensive treatment than traditional outpatient treatment programs offer. The program provides patients with an opportunity to practice recovery skills within the community and utilize peer and staff support to maintain sobriety. Daily group sessions are available to accommodate your schedule. All groups are conducted four hours per day, four days per week (Tue-Fri) along with one hour per week of one-on-one individual therapy (family counseling is available and recommended). The program is also an approved provider for the Dane County intoxicated driver program

Tellurian Housing Resource Coordinator

The Tellurian Housing Resource Coordinator provides skill development, problem solving and resource education in the areas of securing and maintaining safe and affordable community housing. Services may include, but are not limited to: Education about housing resources that meet the member's needs-including Subsidized, Public Housing, Section 8 and Market Rate units; assist with placing calls to rental companies and rental agents to obtain information; assist members with completing housing applications; mentor and supervise writing appeal letters for denial of Subsidized/Public Housing; assist with skill acquisition for informal reviews for denial of Subsidized/Public Housing; and provide education about Energy Assistance, Eviction Prevention/Security Deposit monies as appropriate.

The Psychology Clinic, Inc. (TPC)

310 N. Midvale Blvd. Suite 202
Madison, WI 53705

Telephone: 608-238-9991

Fax: 608-238-1929

Website: www.thepsychologyclinicinc.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In the home, office, or community-based setting.

Service Limitations: None listed

Service Description:

The Psychology Clinic is designed to fill more people's needs for many kids on psychological and related services – and to make those services as accessible and as useful as possible. With that goal in mind, we have assembled our experiences, multi-disciplinary team to provide a broad range of traditional and innovative professional services. We have built an approach that is designed to be responsive to people's needs in a wide variety of circumstances.

Services:

- *Counseling for individuals, couples, families, and groups- We're pleased to offer a wide variety of effective counseling methods, appropriate to individual circumstances including culture-specific counseling. We encourage clients to take an active role in shaping their counseling and treatment plans. In other words, we fit the therapy to the person and to the circumstances. When appropriate, counseling can take place in our offices, or at the client's home or work-place. We do whatever we can to facilitate therapeutic growth for our clients.*
- *Eye Movement Desensitization and Reprocessing (EMDR)- We have several EMDR certified counselors on staff and have worked in numerous areas to expand this technique.*

Thomas & Associates Services LLC (TAS)

2976 Triverton Pike Drive
Fitchburg, WI 53711

Telephone: 608-283-9989 (office), 608-213-7856 (mobile)

Fax: N/A

Website: www.drgetmadison.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 13 – 79

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

Thomas and Associates Services LLC is committed to helping families and individuals build healthy and constructive lives. We believe support that is non-judgmental, sincere, and honest helps build a trusting relationship with clients. We believe that most clients have the capacity to re-direct their lives when helped to do so. We say to our clients that it is more important where they are going than where they have been.

Individual Services:

Psychotherapy, stress management, trauma treatment, domestic violence, behavior intervention, substance abuse treatment and education, relationship counseling, psychological evaluation, mental health assessments, problem solving decision making, employment readiness, and vocational counseling.

Group Services:

Prosocial/skills training, stress management, anger management, trauma treatment/evaluation, counsel with authority figures, moral development support and enhancement, problem/solving/decision making training.

Triquestrian, LLC

6514 Odana Road, Suite 10
Madison, WI 53719

Telephone: 608-206-4724

Fax: N/A

Website: www.triquestrian.com

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Individual Skill Development and Enhancement
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-85+

Service Location: In office
2122 Bridge Lane, Verona, WI

Service Limitations: None listed

Service Description:

Triquestrian's mission is to provide the community with opportunities for growth and learning through the power of horses. We believe horses have the ability to help us experience and explore life from a unique perspective creating opportunities for growing, learning, and healing. All services at Triquestrian are provided utilizing the EAGALA (Equine Assisted Growth and Learning Association) Model. No riding is involved and no horse experience is needed. Equine Assisted Psychotherapy provides an experiential learning opportunity for participants. Because of its experiential nature, it allows a different level of exploration and integration of mind, body, and spirit that is often sometimes difficult to reach within traditional treatment settings. Equine Assisted Learning Services provide participants opportunities for problem solving, communication skill building, leadership training, and self-esteem building. All service can be uniquely tailored to meet the participants' goals.

True Believers, LLC

8383 Greenway Cross, Suite 600
Middleton, WI 53562

Telephone: 608-826-7448 or 608-444-1717

Fax: 608-237-2344

Website: www.truebelievers.us

Services Provided:

- SERVICE FACILITATION (assessment/planning)
- Diagnostic Evaluations
- Medication Management (non-prescriber)
- Physical Health Monitoring
- Individual Skill Development and Enhancement
- Employment Related Skill Development
- Individual and/or Family Psychoeducation
- Wellness Management and Recovery/Recovery Support Services
- Psychotherapy
- Substance Abuse Treatment

Ages Served: 4-69

Service Location: In the home, office, or community-based setting

Service Limitations: None listed

Service Description:

True Believers, LLC is an agency that provides intensive case management and service facilitation to adults of all ages in Dane County. Our staff consists of licensed substance abuse and mental health providers with over 20 years experience providing case management and advocacy to consumers. We believe that our consumers have the right to be treated with the upmost dignity and respect in all aspects of their lives. Our belief system is to meet people where they are and help them improve optimum living and well-being. Our agency strives to meet our consumer hierarchy of needs by addressing issues that they face, such as housing, lack of employment, no insurance, lack of support, legal problems, unresolved health concerns, and many more.